December 2024

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Forest Park Newsletter

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www.forestparkonline.com



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President - OPEN

1st Vice President – Dotti Frender 2nd Vice President - Ellen Heigham Co-Secretary - **OPEN** Co-Secretary - **OPEN**

Treasurer - Mary Kurucz

LAWN MOWING HOURS
8:00 AM to 10 PM
September 1st. - May 31st.

June 1st. - August 31st. 7:00 AM to 11:00 PM September 1st - May 31st

ELECTION AND MEET THE CANDIDATES *By Jane Cullin*

The nominating committee has worked diligently to procure a **full slate** of candidates for the Park election in January. We still need more



people to take an interest in how your park is operated and **VOLUNTEER**. The position of **President of the Board** has just one year left of a two year term and the other open positions need more candidates to fill the slate and give our residents a choice for Vice Presidents and Directors. You are not required to be a full time resident to serve on the B.O.D. PLEASE if you have any thoughts on this, reach out to Jane Cullin, Heather Flavin or Chris Tybor. **Applications** must be returned to the office before 3:00 pm on Wednesday, December 4th to be eligible for **Meet the Candidates** on Thursday, December 5th at 7:00 pm in the Clubhouse. Nominations will be accepted until Thursday, December 26 and the election will be on Thursday, January 9, 2025.



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FROM THE PRESIDENT

Ken Parsels



To Forest Park Residents:

Well friends and neighbors, the season has come again. I would like to welcome everyone back. Hopefully everyone likes everything that's been accomplished over the summer. The refurbished pool is something everyone will enjoy.

We should keep in mind that elections are coming up and we still need people to step up and run. We will be needing a President, as well as some directors for the Board. This is a resident owned and self managed Park. We need to be diligent and ready to take a position of leadership.

We also have several volunteer positions with various clubs and B.O.D. sub-committees in the Park that need help. Please consider stepping up and helping out. Forest Park is known for our volunteers.

Everyone, please enjoy the season and let's make it one of the best. Thanks again for everyone's support and please help the new board make this the best park around!!

Thank You,

Ken Parsels

RESIDENTS NEED TO REMEMBER:

- Speeding The park has many walkers and bike riders, please obey the speed limits. The speeding near the Pool, Pickle Ball and Clubhouse area has truly become a danger! Members pull in and out of the area regularly on golf carts and bicycles, they will have no protection against a speeding vehicle. Throughout the Park our Posted Speed Limit is 15 MPH.
- Rolling through Stop Signs Each intersection is clearly marked; our park is no different than a regular road. The only difference is you could be hurting your neighbor or their family. Take it easy and obey the Stop Signs.
- Unattended Guests in the Pool Guests should have a GREEN WRISTBAND when using the pool. When asked, they should know the address of the member they're visiting. Please be vigilant.



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- Unsightly Property Be proud of your home. Keep your siding free of mold and mildew by power washing. Keep your lawn mowed and hedges trimmed. Be courteous to your neighbors. Be safe with unexpected storms.
- Forest Park Green Car Stickers We are back in season, we have night patrol in place to keep you and your property under a watchful eye. Cars on property without a green Forest Park Sticker on the back of the vehicle will be noted by the team and sent to the office. Stickers are available for FREE in the office. Using the identifiers helps us know if we have strangers in the park. This is to protect all of us. Visitors are required to have a sticker. If you don't want it stuck on your back window, tape it up on the inside. I see many vehicles without these stickers.
- Late Trash Set Outs All trash needs to be set out <u>before 7am</u> on Tuesday. Second rounds of trash pickup for late set outs are costly and really overworks our Maintenance Team if it gets too hot. Your trash can be put out the evening before if in a secured trash can.
- Late HOA Fees Please do your best to send your HOA fee in by the 1st of the month. It's also important to make your check payable for the *exact amount* of your HOA Fee rounding up or down adds additional work for our accounting team.
- Quiet Time/Lawn Mowing Our rules for In Season Quiet Time are 10PM to 8AM. Please be respectful of your neighbors!
- Improper Use of Dumpsters Dumpsters are CLEARLY marked. It's dangerous for the Maintenance Team to climb into the dumpster to retrieve improperly dumped items. Contractors working on your home are also required to take the debris with them off site.

ATTENTION

The following rules still apply, <u>only household trash is</u> <u>allowed in the compactor, all cardboard should be set</u> <u>out on Friday for recycle, no horticulture, construction</u> <u>materials, or bulk items. Bulk items include any furniture, cushions, bulky pillows or life jackets. Any</u>

Aluminum may be placed near the work bench in front of the horticulture dumpster for recycling, (this includes aluminum framed lawn chairs, pop-up tent frames, carport roofs, or gutters that are aluminum. Appliances go in the metal trailer parked southwest of the compactor. If it is not regular household trash, horticulture, appliances, aluminum, or construction materials, it is a BULK ITEM. The dumpsters are clearly marked. If the gate is locked, PLEASE lock the gate when you leave, to keep unauthorized people out of the R/V Park!! If you notice a vehicle in the R/V area, with out a green tree sticker, PLEASE notify the office or if after hours call a board member or the sheriffs office. These people are trespassing, leaving unauthorized refuse, and costing everyone in the park more money!!!

Notice the RED BUTTON on the controller. This is for emergencies only. DO NOT TOUCH THE RED BUTTON!!

BOARD OF DIRECTOR & GENERAL MEETING DATES

General Membership Meetings

We are a membership community. Monthly General Membership meetings are an



important part of keeping our park a great place to live. Please make an effort to attend in person to help us meet our quorums for voting on issues large and small. If you can't make it in person, please join us by Zoom so your voice can be heard and so you have a full understanding of any issues. Zoom can be done on your smartphone, computer, or tablet, it's very user friendly and it allows you to hear firsthand the strides made and challenges ahead to keep Forest Park a great place to live.

December 19, 2024 Board Meeting 9:00 am
December 26, 2024 Membership Meeting 7:00 pm

Volunteer

We need your help, please consider **volunteering** for the Board, a committee or just to lend a helping hand. It's the skills that people bring that make us a great place to be! Your expertise could be exactly what we need to turn a



needed project into something great!!!

SHUFFLEBOARD

By Bill Madill

Shuffle will be starting this month and the league will start the 1st week of



Bill Madill 519-634-5619

Line Dance Classes By Ellen Heigham

I have postponed the start of the line dance class until I know if there is enough interest. Please



call me or text and let me know if you want me to start up again in January.

Line Dancing is a fun way to get exercise, stay healthy, and even lose a couple of pounds. No experience is required! Come and have some fun!

SUNCOAST YOUTH GIFT DRIVE By Pam Salk

Hello Forest Park Christmas Elves: We as a Park, have been helping the children of Suncoast to have a Blessed Christmas for many years! We would like to continue that tradition with your help! Approximately 200 children are in need of gifts. Teenagers are the most needy. You can drop off your unwrapped gift to 5350 Forest Park Dr., until Dec 11. Please consider those less fortunate when Christmas shopping.

Thank you, Pam Salk

Christmas Carolling

Please join me on Sunday, Dec 15 or Tuesday, December 17 for our annual " Remembering our neighbors in song."

We will meet at the clubhouse at 4:45.

I have candles and carol song books. Being a good singer is not a requirement but a smile and a kind heart is. We will travel by golf cart or bikes and stop to sing a couple of Christmas Carols to neighbors all over the park

Call Ellen for more information 617-448-1748.

CHRISTMAS GIFTS OF CHEER

By Nancy Cooper

For nearly 20 years this wonderful event has put a smile on many faces and a bit of happiness in many hearts and minds. What once started as a simple idea



by former resident, Joan King, has turned into one of Forest Park's finest moments. Thanks to the generosity of the Social Club, the Northeast Club, the Craft Club and individuals within the Park, Santa's elves will once again be delivering baskets of fruit, cookies and candy to folks who could use a bit of cheer this holiday season.

If you know of someone struggling to get food, suffering from a serious illness, taking care of an ill family member or having lost a child or spouse, please contact me. My telephone number is 207-632-7544. My email address is floobme@gmail.com.

Please remember that it is not the amount of money in your checking account or the big house in which you live in but the worry and sorrow in your heart that makes this season feel so lonely. Just knowing there are others who care can make the days seem brighter.

Forest Park Craft Club By Valerie Trapp



December Craft Club News

Are you ready for the Holidays? I am! 🛦 🤶

Through Creating, laughing, and friendship I have found that being a member of Craft Club brings joy and it is such a blessing to me. I wish each of you a Very Merry Christmas. Our pumpkin centerpieces were a great hit for the Thanksgiving Dinner! We have our centerpieces for future dinners already planned. You are going to them!

Mark your Calendar for December Happenings:

December 4 Decorate Clubhouse and begin using your creative juices to create a variety of ornaments. December 11 Breakfast Treat for Club Members/ creating Ornaments/ start work on Italian Night Centerpieces December 18 set up for Christmas Holiday Dinner

No more Craft club meetings till January 8 -

HAPPY NEW YEAR

Planning ahead for the 2025 Craft club meetings we will be creating centerpieces for our dinners, crafts from doilies, bottle caps, mosaic house number plaques, whisk butterflies, and stamped linen/cotton dish towels.

Be sure you come and join the craft club for the 2025 Season.

Merry Christmas and Happy New Year,

Valerie Trapp

Go Caroling Day



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HELPING HANDS

By Ellen Heigham



Thanks to everyone in our park who takes that extra minute to check on their neighbors. There are many unsung heroes living in Forest Park. There are also many neighbors who "don't want to bother" anyone even though they were there for others when they were able . Please call me if you know of anyone who might need a hand. Please call if there is something I can help you with. Let that Christmas Spirit Shine!

Ellen, 617-448-1748

2024-2025 Craft Club Dinners Schedule

Dinner menu and centerpiece Dinner tickets (\$12 each) will be available at Box Office a few weeks before each



Dinner will be served at 5:00 p.m. (no need to bring your plates, etc)
Tea, water, coffee will be available
Take out can be preordered
and picked up at 5:30 p.m.
(centerpiece raffle too!)



December 18, 2024

Trio of wooden trees Centerpiece Pork roast. Potatoes. Applesauce. Green beans. Roll. Dessert.

Valentines Dinner and Dance.
Co-Hosted with Social Club February 14
Wooden Sweethearts
Parmesan chicken. Vegetables. Roll. Salad. Dessert.

Luau March 19
Hand painted Olive oil decanter
Ham, pineapple coconut rice, Raw veggies. Ambrosia salad. Dessert.

POOL GRAND OPENING

By: Barry Simes

THE POOL IS FINISHED!

I hope you all had a chance to attend our grand opening celebration, ribbon cutting, and take a dip in our beautiful refurbished pool, enjoy the new table umbrellas, and refurbished lounge chairs.



Pictured L. to R. Barb Passos, Toni Foote, Bob Charles, Barry Simes, Monte Johnson, and Jeff Forsyth.

Barry Simes

NORTHEASTERN STATES CLUB

By Nancy Cooper

Don't let the name fool you. Even if you hail from another part of the country or Canada, membership is open to all and we hope you'll join us. Years ago there were several States Clubs but sadly most dissolved.

Meetings are held the 4th Monday of the month in January, February and March. In December and April that is changed to the 2nd Monday as people travel for the holidays or home for the summer. The meetings are held in the Clubhouse with a dinner and a fun party. Membership is \$5 for the season. Dinner tickets are sold separately.

Mark your calendar: NORTHEASTERN STATES CLUB FIRST MEETING

Monday, December 9th—-5 PM

Join your friends for a fun filled night with a delicious dinner of fried chicken and all the fixings. Iced tea will be available but free to bring your drink of choice, and as always, your own table setting. **Price for the dinner is \$12.**

You all are welcome to join the NE Club regardless of your home state. Dues for the year is just \$5 . You must be a member to participate in Club activities.

This year promises to be another great time for everyone. Folks have volunteered to host the monthly events which always turn out to be a great meal and a great time for all. Tickets for these events are sold at the Box Office in the Activity Building. Be sure to read the January Newsletter telling you about the meeting.

Library News By Maureen Hesketh

Our Forest Park Library is ready and waiting for year round readers

and waiting for year round readers and returning Snowbirds. Lots of great reads and excellent biographies galore!!!

Come and browse through and find your favorite mystery and romantic authors.

Enjoy your page turning choices and return them when finished. I'll make sure all books will be back on the shelves for future readers....

For you Victoria Thompson fans, we recently received a series of her novels.

The Park formerly had a book club that met to discuss a book that everyone had read. If anyone would like to **volunteer** to head up a book club in the Park, please contact the Newsletter Editor at fpsocialnews@gmail.com or Nancy Cooper at 207-632-7544.

Come in and enjoy!! Maureen 508-962-5979

NEIGHBORHOOD WATCH/NIGHT PATROL

By Gloria Restko 🚔

<u>VOLUNTEERS NEEDED!!!</u>

<u>ATTENTION: RETURNING SNOWBIRDS AND</u>
<u>NEW RESIDENTS.</u>

Please consider **VOLUNTEERING** for **Neighborhood Watch/Night Patrol**. It's only one **night a month**. If you are new to the park, or an 'old timer', feel free to pick up information and a **volunteer** form at the office, keeping a watchful eye on our park residents and residences. It is vitally important to the safety and security of everyone in our Park. In the past we have had bicycles, golf carts, and tools stolen, as well as squatters moving into vacant homes. We have also had drug activity. Noone wants that in our Park.

Info you will need:

Sheriff # 239-477-1000

• Patrol Hours Suggested patrol hours 11:00 pm-1:00 am. But....to deter anyone, you may vary your hours. If you are a night owl , feel free to take a ride at any time during your assigned evening. You get to drive up and down each street, check the clubhouse and activity/ office doors, and surrounding outdoor areas.

- Sit at the entrance for about 15 or so minutes. Your presence makes a lot of difference to those driving, walking, and riding bikes on Hart Road. Our presence with that flashing light makes all of us feel safer.
- CHECK Doors at clubhouse, activity building, and pool restrooms. They automatically lock around 11:00 pm.
- BE SURE YOU PICK UP THE BACKPACK IN THE ACTIVITY BUILDING AND RETURN IT BY NOON THE NEXT DAY. INSIDE YOU WILL FIND A FLASHING LIGHT , NOTEBOOK, FLASHLIGHT, AND MAGNETIC SIGNS FOR YOU VEHICLE, PLUS SOME INFO AND PARK DIRECTORY
- If you find doors unlocked, lights on, try to turn them off and lock doors. Sometimes the restroom doors are not locked. Go inside and lock the interior door. NOTIFY THE OFFICE THE NEXT MORNING OF ANY ISSUES.
- If any of the street lights are out, get the number on the pole, street, and closest house number and report this to the office.
- NEVER CONFRONT ANY INTRUDER OR TRESPASSER... CALL THE SHERIFF IMMEDIATELY

The new Night Patrol Coordinator for the Park is Gloria Restko. Gloria has been a full time resident of the Park for many years. You may see Gloria and Mr. Bill in her white golf cart out and about in the park.

THANK YOU FOR VOLUNTEERING Gloria Restko 813-841-9920

FROM THE OFFICE

Signing in and Out

The office asks that all residents sign in & out of the Park using either the Arrival & Departure Log in the Activities Building or by notifying the office directly.

If the office knows you are away & we have your northern address voting ballots can be mailed directly to you.

Although it cannot be guaranteed to 'keep an eye' on all properties, it is valuable to the Park knowing which properties are occupied.

Our night patrol does check in with the office if they see unusual activity & we can share this information with the owner.



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EMAIL BLASTS

Currently approximately 50% of the email blasts are being opened. The office shares information relating to budgets etc. plus the clubs use this as a forum for their activities & more.

If you are not receiving these email blasts please first check your spam folders, and if they are not in that folder, contact the office and they will endeavor to resolve the problem.

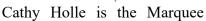
Emails sometimes get 'bounced' or 'unsubscribed' and it may be related to your own personal email settings but together we will try and resolve the issues.

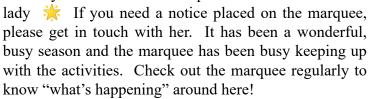
So please don't miss out on these blasts as they are a good source of information.

Thank you

MARQUEE

Welcome back! 🌵





Enjoy the Christmas season! Cathy Holle: 317-403-0137.

RV STORAGE PARK

BY John Hill

John Hill has **volunteered** to oversee the R/V Park storage area, keep the spots properly assigned, maintain the signage, inspect the trailers/campers and motorhomes for road worthiness, and up



to date tags. Remember to keep your info up to date and your item tagged, insured, and in working order. If you have not moved your RV, trailer, boat, etc. in the last 9 months, you are depriving someone else of a spot in our park. Our rules state that if you have not used your spot for 9 months, your spot may be reassigned to someone else. If you have not moved it in 9 months, it may be considered not using your spot. You are abusing the privilege of a FREE spot. Other residents are waiting for a spot. If you no longer need your spot, please let

the office know. If you need a spot to store your RV, trailer, boat, etc let the office know so you can be put on the list. IF YOU HAVE A BOAT, CAMPER, OR TRAILER IN YOUR DRIVEWAY OR YARD FOR OVER 24 HOURS; THIS IS A VIOLATION OF THE RULES & REGULATIONS THAT YOU AGREED TO WHEN PURCHASING IN FOREST PARK! PLEASE INQUIRE OF A SPACE IN OUR R/V PARK OR FIND A COMMERCIAL STORAGE AREA TO RENT.

Thanks, John Hill 330-268-0066

Notes of Cheer By Robyn Johnson



If you're new here, Heather Flavin is the cheer person for Forest Park. Heather will send out cards to residents that have



been ill, had surgery or have lost a loved one.

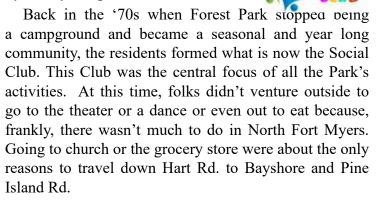
The Social Club provides the stamps, and they rely on residents to donate sympathy and get-well cards so if you have any to donate please let Heather know. Also, if you know of any resident needing Cheer, please reach out to Heather or myself so she can send a card. Including the person's address is appreciated.

You may email Heather at tokentrespasser@gmail.com or myself at drjohns85@gmail.com

Heather Flavin 508-612-6386 or Robyn Johnson 651-341-8346

SOCIAL CLUB UPDATE, VERY IMPORTANT MESSAGE

By Nancy Cooper



The Social Club brought the "fun" to the Park having pot luck dinners, dances and other ceremonies like the continued on page 12

anniversary party and holiday meals. The Club organized card games and bingo nights and even clubs where folks could come together with others from their northern homes. At one time there was a Michigan Club, an Ohio Club, a Canadian Club, the Three "I" Club and the Northeastern States Club. Residents were encouraged to join any and all these clubs as a way to meet their neighbors and have a good time together.

Fast forward to 2024.....On paper the Social Club remains although at this time there is **no president to lead the organization.** Many of the activities continue like bingo, shuffle board and card games thanks to a handful of **volunteers**. Sadly four of the five states' clubs have dissolved leaving only the Northeastern Club.

So here's the question: Where do we go from here? Do we continue as is, and see more activities disappear from the calendar? Do we stay in our homes never coming together as a community or meeting other residents? Does our social life exist outside the Park rather than joining within?

If you answered no to any of these questions, we would ask that you get involved as soon as possible because the Social Club needs your help. We are not asking you to become an officer or run an event. All we are asking is that you step outside your door and get involved. In doing so you will be helping Forest Park continue to be a great place to live and play and you will meet the wonderful people who call this community their home.

Nancy Cooper 207-632-7544

NEWSLETTER ARTICLES by Monte Johnson



All articles, news or photographs should be submitted to this email fpsocialnews@gmail.com and are normally due by the 12th of each month for the following month's newsletter.

Remember, newsletters are printed year-round for all residents and always available for snowbirds online. Printed Newsletters usually arrive by the end of the month and are available in the Clubhouse or in the Activities building. They are always available online a few days later. Some months the Newsletter has more articles submitted, which may cause a favorite puzzle or Sudoku to be omitted for that month. These are fillers that the publisher supplies.

EDITOR THOUGHTS

by Monte Johnson



Here we are at the end of another year, but the beginning of another season. The dichotomy of an ending and a new beginning. With the end of 2024 we remember our friends or loved ones that have passed this year. Personally, Deb and I were blessed

with two new great grandsons this spring, bringing a new beginning and extension of our family tree.

The Park has lost some long-time members and leaders of our community, but we have also gained some new, younger members to continue leading Forest Park into the future. With the end of the year we are blessed to know that, for the most part, we survived two devastating hurricanes with minimal damage in the Park. We've also witnessed the refurbishment of our swimming pool that should give us another twenty years or so of enjoyment. The trash compactor was replaced along with most of the storm drains in the Park. These upgrades should serve this generation of residents for years to come.

As we look forward to 2025, we will have a new President and congress people to lead our great nation and new leadership in Forest Park. Please pray for these ladies and gentlemen as they embark on leading us into the future. The country is facing wars in the Ukraine and the Mid-East that may threaten the freedoms we enjoy. China, Russia, and North Korea are threatening to take over the world, as immigrants are flooding our southern border by the thousands. Here in our Park, much still needs to be done with rebuilding our streets, and planning future budgets to continue funding the necessary repairs or replacement of our common elements to continue the perpetual future of Forest Park.

Our Park is a wonderful place to retire full time or spend a few months away from the cold and snow from up North. If you are new to our Park, please step up and volunteer, join some clubs, and enjoy the amenities that are provided. If you are new or an old timer in the Park, share your knowledge and expertise in moving Forest Park forward so the next generation of residents may enjoy all that we have to offer.

Monte

WELCOME

Michael and Pamela Hall 248 Shrub Lane N KY



FOREST PARK WEBSITE

www.forestparkonline.com By: Jan Provence, Webmaster



All residents that have a Member Share in our park may access the **Member's Only Pages** on our website. On these pages, you will find the latest information with the FPPOA board and member minutes, and many other documents that you will need to keep updated on our community. To receive a username and password, contact the FPPOA office. (fppoainc@gmail.com) If you need further information, contact me at webmaster@forestparkonline.com.

KARAOKE

Karaoke with Chris Tybor is held on the 1st and 3rd Mondays of the month, October-May from **7-9pm Note the new time!!**



BYOB and snacks.!! We need more talented people to come out and enjoy an evening of free entertainment with your friends in the park. Bring your singing voices and a list of songs that you would like to sing, or just sit back and listen. Forest Park has many good singers.

Hope to see you there.

BIRTHDAYS FOR DECEMBER

Sally Miller 1
Deborah Sager 3
Michael Marunowski 4
Bill Madill 4
Christina Stricklen 6
Georgiy Kolomichenko 7
Mike Fanning 11
Patricia Sadowski 19
Ron Geik 14
Ann Mocko 15
Carol Candido 17
Helen Cox 18
Ray Hosey 18
Minnie Castor 19

Benny Sisto 21

David Hillstrom 21
Betty Schlectic 21
Donald Matheny 23
Dawn Lawton 23
Carole Beconder 24
Tony Nash 25
Janet Lammers 27
Linda Neises 27
Edward Eads 28
Pam Salk 28
Steve Barhorst 31
Mark Olson 31



Pam and Jim Crain December 3 Don Bargholz and Peggy Cleary December 7,1993 John and Ramona Etoll December 12,1970 Dean and Diane Goldsboro December 18, 2004 Monte and Deb Johnson December 15,1973 Alfred and Carol Pandola December 26, 1972



IN MEMORIAM

Dave Paquette

David J. Paquette 1951 - 2024 Chicopee, MA

David J. Paquette, 73, passed away on October 4, 2024. Born in Holyoke on January 18, 1951,

David was a son of the late Ralph and Leida (Pusep) Paquette. He grew up in South Hadley and attended local school. A gifted wood worker, David owned and operated D&D Construction, specializing in home improvement. In his spare-time he loved a good book and enjoyed spending his winters in Florida.

David is survived by his partner of 25 years, Donnalee Fields; his children Renee Dupuis (Brian), Sheila Holycross (Travis), Matt Paquette (Penny), April Piotrowski (Jared), and Kendra Paquette (Chuck); and his 8 grandchildren, Zach, Bria, Kendall, Lennon, Gage, Elias, Lydia, and Ella.

In addition to his parents, David was also predeceased by his brother, Richard Paquette and by a granddaughter, Kristina. Friends and family were invited to attend visiting hours from 9:00 to 11:00 on Friday, October 11, 2024 at Corridan Funeral Home, 333 Springfield St. Chicopee, MA. Burial followed the visiting hours in Fairview Cemetery, Chicopee. To share a memory or to leave your condolences for the family, please visit www. CorridanFuneral.com

Dave will be sadly missed by his many friends here in Forest Park where he loved to spend his winter.

DID YOU KNOW??

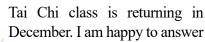
GOLF CLUB COLLECTION

We have a golf club connoisseur here in the park. If you want to check out John Berg's golf club collection, just give the Golf Club Man a call 618-319-0642.



TAI CHI CLASS by Lenann Crisci

My Tai Chi class is returning in





any questions you may have. My cell phone is #207-705-7475. Can anyone do it? Yes, of course, Tai Chi's gentle movements, accessibility, and holistic approach contribute to overall well-being. Whether

you're seeking stress relief, better sleep, or improved mood, Tai Chi offers a harmonious path to health. 🧘 🕏

CONTACT: LENANN CRISCI 207-705-2256

FOREST PARK VISITORS WRISTBANDS

Remember - Visitors unaccompanied by Forest Park residents must wear wristbands when using park recreational



facilities (pool, mini-golf, etc.). If you see something, say something, let's all be vigilant. The wristbands are available in the park office (2 per family and additional bands may be requested). The bands stretch but if they are not large enough you may pin them to clothing, attach them to a key chain or just bring them along. Please remember that all owners are responsible for their visitors who must comply with all Forest Park Rules and Regulations.

TRASH PICKUP

Please note that our maintenance workers are now scheduled to work 6:00 am-2:00 pm rather than 7:00 am-3:00 pm. Trash pickup will be on TUESDAY only throughout the summer. Given that, please have your garbage ready for pick-up **before 6:00 am** to assure that it does not get missed. You can put it out after 6:00 pm the night before as long as it is in a barrel.

And, once again, please ensure that your garbage bags are not more than 30 pounds. Dumping kitty litter into a plastic grocery bag will not work. The bags break and leave the kitty litter on the street. Please use a Hefty enough bag so it doesn't break. If too heavy, the bags will be left. Be mindful that all the garbage that is picked up must be thrown into the compactor and the weight of the bags when too heavy creates a risk of injury. If you have any broken glass please DO NOT put it in a plastic garbage bag. Our workers have been punctured when picking up the bag. Put the glass in a clearly marked cardboard box and set it out.

BULK PICKUP - WEDNESDAY only

For large furniture items or appliances, please call the office on Tuesday between 9:00 am and 12:00 pm so the maintenance workers can plan on picking it up.

RECYCLING BLUE BIN WASTE PRO - FRIDAY is Recycle Day!!

The blue bin is used for all other types of recycling such as paper, metal, plastic, **CARDBOARD**, etc. This is a separate program from our regular trash that is picked up on **Tuesday's**. Recycling saves the park money from Waste-Pro.



ALUMINUM CAN RECYCLE - Monday

By the Social Club

REMINDER Aluminum Cans are still being collected on **Monday evenings only**.

Please DO NOT use the can as an ashtray.

Beer Drinkers, please rinse out the can and turn it over to dry out. Please remember to put your aluminum cans in a bag and place UNDER YOUR MAILBOX by 5:00 P.M. MONDAY EVENING for pick up. Please make sure your cans are rinsed CLEAN and DRY.

Please place it away from trash bags. DO NOT place plastic, glass or metal cans in the bag, *aluminum cans only*! All the others go in the blue recycle bins. If you are putting your aluminum cans out on Friday for the recycle truck, **PLEASE** consider putting your cans in a bag on Monday evening for pickup. Money collected from can recycling helps pay some of the costs of Social Club activities. It benefits all residents of Forest Park.

Forest Park does not have a **Dog** Walk, Run, or Park. Florida law states that your dog must be on no longer than



a six foot leash at all times. This is for the protection of our residents and other pets in the Park. Many of you have "adopted" feral cats. Have you had them neutered? While on night patrol I see many cats just running free in the Park. People who do not clean up after their dog, or are letting their cats roam free in the Park, are affecting the health of us and other pets. Who wants to step in dog or cat feces?

EXERCISE CLASS

By Jane Cullin

Exercise class is every Monday, 8:30 am to 9:30 am is cardio weights and core. Bring a matt or towel.

YOGA BALL w/Jane

Every Saturday at 8:00 a.m. just before the 9:00 am exercise class. A yoga ball, also known as a stability ball or exercise ball, offers a wide range of benefits for both fitness, balance, flexibility, and overall well-being using the big yoga ball and bands. Remember that while yoga balls offer benefits, they are not a one-size-fits-all solution. Use them mindfully, incorporate them into your fitness routine, and enjoy the advantages they bring!

COFFEE KLATCH

The **Men's** Coffee Klatch is on Friday, December 13th at 8:00 am to 9:00 am. In the clubhouse. (the 2nd Friday each month)



The **Women's** Coffee Klatch will return on Friday, December 20th at 9:00 am to 10:00 am in the clubhouse. (3rd Friday each month) Bring a \$5 -10 dollar gift for a gift exchange.

WATER AEROBICS

Water Aerobics is held daily Monday through Friday at 10:30am!!



COME AND JOIN THE FUN!

RED HAT LADIES

By Heather Flavin



Greetings to all Red Hatters,,

ANNUAL HOLIDAY GATHERING / LUNCHEON TUESDAY, DECEMBER 10TH AT 12 NOON CLUBHOUSE

DUES OF \$5 CAN BE PAID THAT DAY

Please bring your wrapped \$5 Yankee Swap/White Elephant gift and your holiday spirit.

I am seeking 4 volunteers to cook/heat the lasagnas that will be served.

Please contact me if you have any questions.

Heather Flavin 508-612-6386

CHILI COOKOFF

We have had an annual chili and soup cookoff the last few years, hosted by Jane Cullin. She is going to be retiring from

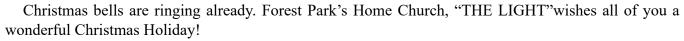


hosting the Chilli Cookoff for this season. If anyone would like to **volunteer** to host the cookoff this season, please contact **Jane Cullin 330-242-2772**

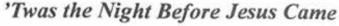


FOREST PARKS HOME CHURCH "THE LIGHT"

By Roberta Rizas







'Twas the night before Jesus came and all through the house Not a creature was praying, not one in the house. Their Bibles were lain on the shelf without care For nobody hoped Jesus soon would appear.

> Their children were dressing to crawl into bed Not once ever kneeling or bowing a head. And mom with her rocker with baby on her lap Was watching the Late Show while I took a nap.

> When out of the East there arose such a clatter I sprang to my feet to see what was the matter.
>
> Away to the window I flew like a flash
> Tore open the shutters and threw up the sash.

When what to my wondering eyes should appear?
But angels proclaiming that Jesus was here.
With a light like the sun sending forth a bright ray
I knew in a moment this must be The Day!

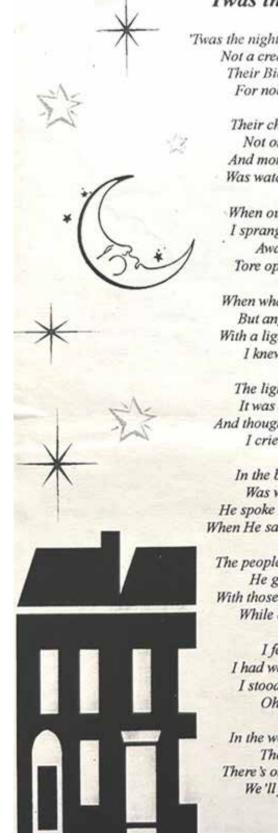
The light of His face made me cover my head
It was Jesus returning just like He had said.
And though I possessed worldly wisdom and wealth,
I cried when I saw Him in spite of myself.

In the book of life which He held in His hand
Was written the name of every saved man.
He spoke not a word as He searched for my name;
When He said, "It's not here" my head hung in shame.

The people whose names had been written with love
He gathered to take to His father above.
With those who were ready He rose without a sound
While all the rest were left standing around.

I fell to my knees, but it was too late
I had waited too long and thus sealed my fate.
I stood and I cried as they rose out of sight;
Oh, if only I had been ready tonight.

In the words of this poem the meaning is clear;
The coming of Jesus is drawing near.
There's only one life and when comes the last call
We'll find that the Bible was true after all.





Those who are looking for Christ to return will live righteously, in expectancy, while awaiting His return. As some know, the blessed hope of Christ's return is a purifying hope which definitely affects the believers lifestyle. How important that daily, we realize the words of James 5:8. "Be ye also patient, establish your hearts: for the coming of the Lord draweth nigh."

There should be love in our hearts and a deeper concern for those that have not heard the gospel. We should labor and sacrifice gladly to reach the lost with the gospel of salvation through Christ. The Lord IS coming back! The Second Coming of Christ is mentioned 318 times in the New Testament. Will He find us faithful? Is your life what it should be? Are you doing ALL you can, to lead others to Christ? When was the last time you witnessed to someone? Have you witnessed to all members of your family? Your children, your spouse, a stranger, a friend? NOW is the time!! You DON'T want to end up like that family in, 'Twas the Night Before Jesus Came. Let us all celebrate the birth of Jesus this Christmas knowing He is in our lives & we have shared with others THE GOSPEL OF CHRIST.





		- ue	7 ay	14	21	28	
Forest Park December 2024	Saturday	8:00 am Yoga Ball Training With Jane - Clubhouse 9:00 am Walking and Weights with Carol B Clubhouse 10:00 am Open Bocce Ball	Pearl Harbor Remembrance Day		First Day of Winter		
	Friday	8:00 am Competitive Co-ed Pickleball 9:15 am Relaxed Co-Ed Pickleball 10:30 am Pool Exercise	9	13	20	27	
	Thursday	8:00 am Competitive Co-ed Pickleball 9:15 am Relaxed Co-Ed Pickleball 10:00 am League Shuffle Board 10:00 am Ladies Bible Study 10:30 am Pool Exercise 2:30 pm Bocce Ball 6:00 pm Hand and Foot - Clubhouse	7:00 pm Clubhouse, MEET THE CANDIDATES	12	9:00 am Activities Building, B.O.D. meeting	7:00 pm Clubhouse, Association Meeting, 75 members needed for a quorum	
	Wednesday	8:00 am Competitive Co-ed Pickleball 9:00 am Craft Club -Clubhouse 9:15 am Relaxed Co-Ed Pickleball 10:30 am Pool Exercise 6:30 pm Euchre - Activities Building	4 Applications returned for open board positions	11	Christmas Holiday Dinner Clubhouse 5:00 pm	Christmas	
	Tuesday	8:00 am Competitive Co-ed Pickleball 9:00 am Walking and Weights with Carol B - Clubhouse Clubhouse 9:15 am Relaxed Co-Ed Pickleball 10:00 Lades Shuffe Board 10:30 am Pool Exercise 11:00 am Forest Park Box Office Open - Activities Building 6:00 pm Texas Holdem Tournament- Activities Building 6:45 pm Bingo - Clubhouse	E	10	17 4:45 pm Clubhouse, Meet for neighborhood Christmas Carolling	24 Christmas Eve	31. New Year's Eve
	Monday	8:00 am Competitive Co-ed Pickleball 8:30 am Cardio, Weights, & Core with Jane - Clubhouse 9:00 am Dominos - Clubhouse 9:15 am Reiaxed Co-Ed Pickleball 10:00 am Co-Ed Shuffleboard 10:30 am Pool Exercise 2:30 pm Bocce Ball	7:00 pm Karaoke in the Clubhouse	6:30 pm Pinochle or Rummy Cube in Activities Building	16 7:00 pm Karaoke in the Clubhouse	23 6:30 pm Pinochle or Rummy Cube in Activities Building	30
	Sunday	8:00 am Competitive Co-ed Pickleball 4:00 pm Forest Park Box Office 6:00 pm Hone Church 6:00 pm Hand and Foot - Clubhouse	1 First Sunday of Advent	∞	15 4:45 pm Clubhouse, Meet for neighborhood Christmas Carolling	22	29

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