
FOREST PARK NEWSLETTER

March, 2010

Happy St. Patrick's Day to all and I hope you enjoy some
corned beef and cabbage and tip a few green beers to celebrate.

KOFFEE KLATCH

Friday, March 5 will be Koffee Klatch. There will be free coffee and donut at 9:00 a.m. in the Clubhouse. The speaker will be from Ellsworth Cooling and Heating. The company raffles off many gifts. Our host this month is Shuffleboard.

There is 50/50 drawing and a gift donation from our produce people (They are here on Wednesday Morning from 8:00 a.m. - noon in the pavilion) will be raffled.

HEALTH AND WELFARE

The Blood Pressure Clinic will be the 4th Thursday (March 25) from 9:00 – 11:00 a.m. in the Clubhouse through April 2010.

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SENIOR SERVICES

By now you should have had a visit from one of your neighbors giving you the newer FILE OF LIFE. If you did not get one, please call Mary Gibson at 543-7594.

ONCE AGAIN IT IS TIME TO SAY GOOD-BYE

On behalf of the residents of Forest Park, I would like to extend our sincere sympathy to the family and friends of Ed Kolb who passed away in June as well as Eric Elliott who passed away in December.

THANK YOU

Thank you for the flowers, cards and all the kind things you did for me in a time when your friendship meant so much.

Marjorie Elliott

*Happy 101st Birthday**Ida Stevens on March 11, 2010*

**If you wish to send Ida a birthday card, her address is
300 Julianna St., Woodingford Lodge, Woodstock,
On., Canada. N4S 7V6**

PHONE BOOK CHANGES

<u>Name</u>	<u>Address</u>	<u>Old Phone No.</u>	<u>New Phone No.</u>
Jeannette Craven & Jerry Justice	462 Jacaramba Ct.	Same	
Milton Herrick & Jean Keech	520 Timber Lane S,	731-2866	860-428-9577
Kenton Justice	737 Knotty Pine Cr.	314-660-5676	543-8925
Richard & Wanda Lewis	806 Hollyberry Ct,	731-7431	543-2123
Brita Mulholland	508 Pine Tree Ct.	997-7334	543-2575
Donald Plantenga	5430 Forest Park Dr.		543-3999
Helen Townsend	701 Palm Frond Ct.	995-8064	731-0477

New Residents

Steve & Suzanne Burnham	341 Shrub Lane S.	
Sam & Dianne Higgins	606 Sand Lake Ct.	317-507-0694 In.
Chuck & Debbie Stortzum	5301 Forest Park Dr.	618-423-9439 Il.

I apologize to Betty and Bo McClain. I had the notice, (below) in plenty of time but for some unknown reason I didn't get it in the February Newsletter. No one's perfect, but I'm close. Just kidding ha! ha!.

CHRISTMAS GOLF CART PARADE

Bo and I want to thank everyone who participated in the Christmas Eve Parade. We have had nothing but praise about it. We want to thank the Social Club and Delores Holmes for the Doughnuts and Coffee. Also a big thank you to Richard and Pat Schuren for serving and setting

up everything in the Clubhouse. A REAL BIG THANK YOU to Ren "DOC" Whitaker for all the beautiful pictures taken of every Golf Cart. Everyone looked GREAT.

Last but not least, Thanks to all who donated Gifts for our drawings. We want to extend a hearty welcome to all of you who own a Golf Cart to join us next Christmas Eve. Let's light up the streets of Forest Park this coming Christmas Eve with our Golf Carts and make this year's parade even bigger.

We hope all of you have a Happy, Healthy New Year.

Betty & Bo McClain

THANK YOU

I would like to thank everyone for the prayers, lovely flowers, gifts, cards and enjoyable visits during my stay in the nursing home. Also thanks for the delicious treats.

Thanks to everyone
Geri Murphy



Remember, we're not as young as we used to be –

BE CAREFUL

CANADIAN CLUB

We held our February Pot Luck joint meeting with the Michigan Club and it was a great success, with 50 members in attendance.

Our March meeting with the Michigan Club will be a picnic, to be held on March 18 in the Pavilion at 12 noon. We will be having fried chicken, potato salad and coleslaw at a cost of \$4.00 per person. Bring your own table service and beverage.

A signup sheet will be in the Clubhouse. Come and enjoy this activity.

Jim Barnett, President

MICHIGAN CLUB

Michigan Club members will be joining with the Canadian Club for a picnic on March 18 in the pavilion, weather permitting. For details see Canadian Club newsletter message.

Special notice to Michigan Club members and all Michiganders: Meeting March 4 at 5:30 p.m. in Activities Building to discuss the future of the club.

Lou Smith, Michigan Club President

NORTHEAST CLUB

The March meeting of the Northeast Club, to be held on **March 8th at 6:00 p.m.** is a pot luck Kentucky Derby night.

Bring a dish to share with 8 to 10 people (check the guide below), your mint julep, and \$2 bets for the ponies. There will be multiple races with more chances to win!

Ladies, don't forget to wear your fancy hat! If you are not a member of the NE Club, we invite you to join the fun for a membership of only \$2 p/p.

If your last name begins with...

A to F.....Please bring a dessert
G to K.....Please bring a salad
L to Z.....Please bring a casserole
Ice tea, coffee and tea will be provided.

We'll see you at the Derby!

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The Northeast Club trip to Tarpon Springs on March 15 has been CANCELLED.

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St. Paddy's Day Dinner

Aye, and it's the annual corned beef and cabbage dinner cooked and served by those beguiling leprechauns of the Northeast Club. The date is St. Paddy's Day, of course

Wednesday, March 17th at 5:30 p.m.

and it won't cost ye a pot-o-gold either, only \$9.00 each.

Don't forget to bring your table setting and a little \$\$ for the 50/50

The fine entertainment will be the Dixie Gators: the Dixieland band that has played at Ft. Myers street fairs and all around.

They can play the Irish tunes too, you know.

Tickets sold on Sundays, February 28th and March 7th from 1:00 p.m. to 3:00 p.m. in the clubhouse.

Joan King, President

OHIO CLUB

The Ohio Club will meet March 1 at 4:00 p.m. in the Clubhouse, because of the cool weather. At our annual picnic, we will be holding a Chinese auction. The picnic is free to all members that have paid their dues. Bring your own table service and a new item of \$5.00 value per family, for the auction.

The Ohio Club will hold a bake sale March 13 in the Clubhouse, in conjunction with the Craft Club Flea Market. The hours for the bake sale are from 8:00 am. to 1:00 p.m. We will be featuring home baked cookies, pies, cakes, as well as sugar free items.

Please visit us early while the selection is good.

Submitted By Rita Booth

CRAFT CLUB

**BIG news from the Craft Club
Mark your calendars for our "famous"....**

**CRAFT CLUB FLEA MARKET
"MARCH 13th"**

As usual there will be something for everyone.....

**Come and have lunch while you are there....
hot dogs, sloppy Joe's, desserts, etc...etc...**

Also join our group every Wednesday morning at 9:00 in the Clubhouse to make some terrific crafts and meet some of your neighbors.....

Our "SPRING LUNCHEON" will be held on March 10 at "THE MAGNOLIA" and paying guests may be invited to attend.....

Ruth Malago, Secretary

MACHINE EMBROIDERY ARTS CLUB

We are a group of sewing enthusiasts that are expanding our understanding of sewing machine embroidery. We meet the last Tuesday of the month at 10:00 a.m. in the Activities Building.

Every month we share a different technique and each project is designed to be completed in one session and can be simple, unique or challenging. We try to use supplies you already have in your sewing stash or can obtain inexpensively.

There is no charge and although the projects are designed to be embroidered, you need not have an embroidery machine to join us. If you are interested in purchasing an embroidery machine or already own one but would like to learn more, this is a great opportunity.

Instructor Host: Patty "Mac" McCoy
Coordinator: Isy McLain

NEIGHBORHOOD WATCH

The safety and security of the residents in Forest Park depends on all people living in the park whether residents, snow birds or rental occupants. We should all be observant for situations that appear to deviate from normal resident activities. Persons that do not appear to have a valid reason for being in the park that potentially could lead to vandalism or malicious invasion of property should be reported to the sheriff's office at 477-1000.

Our security not only depends on the security patrol observations but on each individual living in the park. The 911 number should be used for immediate emergency needs and the sheriff's office number 477-1000 should be used for observations that suggest crime, invasion of property or unlawful conduct. When either number is used, time is important and action should be initiated quickly. It's better to call and find no action was necessary than not call and have damage or injury occur that could have been prevented if a call had been made.

Signs for display in house windows stating, "neighborhood watch" and emergency phone numbers are available in the office or at upcoming F.P.P.O.A. meetings.

Submitted by Ren Whitaker

CORRECTION TO LOCK UP SCHEDULE

WEEK OF MARCH 14 ----LOU SMITH---731-0279

We are looking for volunteers to help out next year. Locking up the pool and buildings is not a difficult job. *Most of you can do it.* All it takes is a willingness to help and less than 15 minutes a day. Sunday through Saturday, you lock up and, in addition, on Saturday and Sunday at 8:00 a.m. you open up.

Please help!!! You all benefit from the volunteering of a few. Do your part and take a week! Call Nancy at 543-8256.

SOCIAL CLUB

Tuesday, March 2 from 4:00 - 5:30 p.m. the Social Club will be hosting a Chicken and Biscuit Dinner in the Clubhouse. Cost is \$6.00 for a complete dinner of chicken & biscuit, salad, dessert, coffee and tea.

Please bring your own table service (plate and silverware) Tickets purchased at the door.

Social Club Meeting March 11 at 7:00 p.m.

Every resident is a member of the Social Club. We are near the end of this season. Lots of picnics planned. Come to the meeting and find out when and where they will be held.

Last Saturday Night Dance

March 27
7:30-10:30 pm

Cost is \$5.00 per person

Marty Stramel
He played here last season
He performed all types of music selections

There will be a liquor basket, and a 50/50 drawing to be raffled off.
Gift certificates are given to residents as door prizes

At the Saturday Night Dance in January, there were gift certificates given out for Hogbody's Bar and Grill and Arizona Pizza.

If, you have lunch or dinner at **Hogbody's**, advise them "You are from Forest Park" or show your red card. You will get 10% off your bill. This offer is not valid on specials, coupons or Tuesday's .35¢ wings.

Hogbody's has sandwiches, soups, salads, wings, chicken dinners tacos, burgers, seafood platters, beef platters and Becky Conrad goes to eat the pork ribs. "Best in Florida" according to Becky.

Hogbody's is located just 5.5 miles east of Forest Park. Take Bayshore east, pass under I 75 and continue 1.5 miles east. Hogbody's is on the right side.

Hogbody's Bar and Grill has 6 coupons (in the coupon booklet the Social Club is selling) that you can use to decrease the cost of a meal. All coupons are good until 12/31/10 in the booklet.

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When eating at **Arizona Pizza**, if guests identify themselves as living in Forest Park, Arizona Pizza will record the receipts and accumulate the totals. At the end of each month, Arizona Pizza will give back to our community 10% of the total.

Besides pizza, Arizona Pizza has salads, calzones, Stromboli's, sandwiches, tacos, wraps and burgers. Arizona Pizza is located at 547 Pine Island Road in front of Wal-Mart.

Also, at the January dance, there was a donation of a bottle of wine (for the liquor basket that was raffled) from **Sun Country Realty**. The company's realtor in Forest Park is our own local realtor, Myra Santiago at 850 Hollyberry Ct.

Delores Holmes, President

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*January 30, 2010 Dance
Hosted by Forest Park Line Dancers*

Eighty-one attended. Music by "2 Live Wires" was excellent – Jo Ann pianist and Arthur Byman Guitar.

Everyone had a great time and the dance showed a profit. Many thanks to all the helpers.

Reg Harvey

A MEMORY TREE

Two live oaks and one flowering tree have been added to the Memorial Garden. Oak trees have been purchased in memory of Eric Elliott and Harry and Avis Mabry. A flowering tree has been purchased in memory of Kathy Spofford. All of these trees will be planted as soon the weather permits.

Round tree benches have been purchased in memory of Micki Campbell, Frank C. Craven, Carl Bergman, Tom McLain, Kathy Spofford and Becky Conrad's parents.

A straight bench has been purchased by multiple donations. This bench is given in memory of Eric Elliott and Bobbi White.

Those wishing to purchase a tree or bench or contribute to a bench should contact Nancy Cooper. Memorial donations can be as little as \$10.

FOREST PARK CHORALEERS

The Choraleers thoroughly enjoyed providing the entertainment for the Golden Wedding Anniversary party. We are now practicing for the Spring Fling program to be held on Wednesday, March 24, and hope to see you there. NO TICKETS REQUIRED, NO CHARGE ... JUST COME AND JOIN US.

Janet Brewer, Member

FOREST PARK BOOK CLUB

Forest Park Book Group meets the 4th Friday of the month at 1:00 p.m. in the Activities Building. This month we will discuss the books "The Poisonwood Bible" by Barbara Kingsolver and "The Black Sheep" by Reginald Harvey at our meeting on February 26.

The March book will be "The Red Tent" by Anita Diamant. The book will be available after February 26. Call Joan King at 567-0606 for more information .

Joan King

Pine Tree Knotters Quilt Club

The quilt club enjoyed their annual *Secret Pal* luncheon on Jan. 28 at the "Twisted Lemon" restaurant off Pine Island Rd. Many thanks to Marthel Allen, Peggy Baker, Sandy O'Brien, Marilyn Noland and Bettyrae Stiles for a fantastic job well done.

Our annual Quilt Show will be Sunday, March 14 in the Clubhouse from 1-3 p.m. The quilt to be raffled that day is called "Bow Tie" and it is beautiful! Raffle tickets can be purchased ahead of time from any quilt member at the hot dog dinners and at the door on March 14. Please plan to join us that day for the Art and Quilt Show and see all the beautiful projects both classes have been working on.

Refreshments and beverage will be served. We will also have a boutique where hand sewn items will be for sale. Raffle tickets are one ticket for \$1.00 or 6 tickets for \$5.00. *Don't forget to buy your tickets - you could be the lucky winner on March 14!*

Comfort lap quilts were given to the following park residents in February: Gerry Murphy, Bev Whitaker, Marie Presher, Adrienne Iskra, Joe Baretela and Ida Keys who turned 100 years old.

Several new projects are planned for the upcoming meeting dates and there is talk of getting together with the "Old Bridge Quilting Club" as well as attending some local Quilt Shows in the area.

After a vote, we have decided to move our Thursday morning meetings to the Clubhouse where we will have access to locked cabinets and several outlets for our sewing machines.

Our spring luncheon will be held on March 25 at 11:00 a.m. (following our regular meeting) in the Clubhouse and the committee is already busy planning all the details.

Judy Watson

RED HATTERS OF FOREST PARK

RED HAT LADIES
FRIDAY, APRIL 9
VISIT BUTTERFLY ESTATES
BUTTERFLY CONSERVATORY AND LUNCH AT FLUTTERBYS CAFE
ON FOWLER STREET, FORT MYERS

Delores has the menu for our luncheon at the butterfly café. If you are interested in going, You need to contact her for a copy and pick out your luncheon order.

Your cost of \$22.25 includes conservatory guided tour, your lunch, drink and tax. I need 15 ladies to go or the price of our visit will cost \$24.40.

You need to return the menu with your name on it, your lunch order circled and the cost of \$22.25 back to Delores by **March 29**.

I have to call the food order in early to Flutterbys Café . Ladies if you have a computer go to the Butterflyestates.com website and then Go to Flutterbys Café and View the menu. Print out the menu in color.

We will meet at the clubhouse at 10:00 a.m. to carpool.

Betty Campbell

SPORTS CORNER:

Pool exercise will resume 10:00 – 11:30 Monday to Friday as soon as the weather permits.

Marilyn Eftim

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Bocce: A big thank-you to Forest Park for improving our Bocce courts. What a difference. We must all remember not to lob the balls.....please roll the balls ... thank you.

Much appreciation and thanks to Gerald Smith for maintaining the courts.

All are invited to join in the fun every Monday and Thursday at 3:00 p.m.

The following Timberlane neighbors cleaned and swept their street across from bocce court after the courts were done Bob Howe, Dean Hull, Gerald Smith, and Carol Dirago Thanks neighbors.....

They just took it upon themselves to clean-up the mess the workers left unfinished.

Another example of how Forest Park residents take it upon themselves to do what has to be done and take pride in our park.....Thanks to all.....

The Bocce Committee

Shuffling:



Hi to all our faithful shufflers:

The Shuffle team would like to "Thank" Landis Aluminum for sponsoring our team *and for the new shirts.*

This month we will host "KOFFEE KLATSCH" which will be at 9:00 a.m. on March 5 at the Clubhouse. ELLSWORTH HEATING/AC will be presenting the program.

We will be having a KING/QUEEN shuffle on March 20th - we will have coffee and donuts at 8:30 a.m., 9:00 a.m. shuffle and at noon Hot dogs and drink. A sign up slip will be posted at the shuffle courts.

On March 15 and 16 we will be shuffling in the Bayshore League Tournament played at North Ft. Myers Park (located behind the library).

March 28 at 4:00 p.m. we will be hosting "ALL THE PARKS" for our yearly BANQUET. Our dinner will be prepared by Rita Booth and her helpers.

Our league schedule is as follows:

March 3 home with Laurel Estates
March 10 away with Lazy Days

I would like to "THANK" the Shuffle team for a great year.

Ray Preston, Captain

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Golf:



Ladies:

Our Medal Play Tournament is being played on February 11, 18 and 25th (weather permitting) and the Ruth Gutowski Tournament is scheduled for March 11 (weather permitting as well). That will end tournament play for this season.

Our League will officially end on March 18 with our closing luncheon date yet to be scheduled. We will still play golf but our scores will not count toward our year end awards.

If you are a golfer and didn't join us this year, we hope you will come out and play with us next winter as soon as you arrive. Our season begins the first Thursday of November.

CHEF'S CORNER**BBQ Ribs**

Cut baby back ribs into sections. Place in roasting pan. Cover in combination of Montreal Chicken Spice and Cajun Spice powders (both by Club House la Grille). Cover pan with tin foil. Bake for 2 – 3 hours, Dry in oven at 300° F. **FYI – I couldn't find the green chilies in oil so used 1 tsp. of green chilies in water from small can of green chilies.** BBQ for 5 – 10 minutes, covering with lots of Red Devil Sauce (see below).

Red Devil BBQ Sauce:

1	cup finely chopped onion	¼	tsp. Cayenne pepper
¼	cup olive oil	1	tbsp. chili powder
2	cloves garlic, chopped	1	tsp. green chilies in oil (jar)
1 ½	cups ketchup	1	cup water
1	small tin tomato paste		
½	cup vinegar		
2	tsp. Worcestershire sauce		
2	tsp. salt		
1	tbsp. Black pepper		

Cook onions and garlic in oil until soft - golden brown. Add all other ingredients, stir well. Simmer 2 minutes. Serve warm, or refrigerate and serve cold.

Mmmmmmmmm good!

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Orange Pineapple Dessert

2	pkgs. (3 oz. each) sugar-free Orange gelatin	In a bowl, dissolve gelatin in boiling water. Add ice cubes and stir until slightly thickened.
2	cups boiling water	Remove any unmelted ice. Stir in pineapple and oranges. Stir in sour cream until blended. Fold in whipped topping and cake cubes until well coated.
16	ice cubes (about 3 cups)	Spoon into an ungreased 13" x 9" x 2" dish; cover and refrigerate until serving. Yield: 18 servings.
1	can (20 oz.) unsweetened crushed Pineapple, drained	Nutritional Analysis: One serving = 170 calories, 200 mg sodium, 1 mg. cholesterol, 32 gm carbohydrate, 4 gm protein, 3 gm. Fat, trace fiber. Diabetic Exchanges: 1 starch, 1 frit, ½ fat.
1	can (11 oz.) mandarin oranges Drained and cut into pieces.	
1	cup (8 oz.) nonfat sour cream	
1	carton (12 oz.) light frozen Whipped topping, thawed	
1	prepared angel food cake (10") Cut into 1" cubes	

COMIC CORNER

Residents: Once again I will remind you this is a Comic Corner and any joke or item in this corner is not intended to offend anyone.

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IS SEX WORK??

(Absolutely not, Bless you sailor)

A Navy captain was about to start the morning briefing to his staff. While waiting for the coffee machine to finish its brewing, the captain decided to pose a question to all assembled. He explained that his wife had been a bit frisky the night before and he failed to get his usual amount of sound sleep.

He posed the question of just how much of sex was “work” and how much of it was “pleasure?”

A commander chimed in with 75-25% in favour of work.

A lieutenant said it was 50-50%

A midshipman responded with 25-75% in favour of pleasure, depending upon his state of inebriation at the time.

There being no consensus, the captain turned to the able seaman who was in charge of making the coffee.

What was HIS opinion?

Without any hesitation, young seaman Des responded, “Sir, it has to be 100% pleasure.”

The captain was surprised and, as you might guess, asked why?”

“Well, sir, if there was any work involved, the officers would have me doing it for them.”

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(FOR THE MEN)

A woman who was beaten black and blue, goes to the doctor.

Doctor: What happened?

Woman: Doctor, I don't know what to do. Every time my husband comes home drunk, he beats me to a pulp.

Doctor: I have a real good medicine for that. Whenever your husband comes home inebriated, just take a glass of chamomile tea and start gargling with it. Just gargle and gargle.

Two weeks later she returns to the doctor and looks reborn and fresh again.

Woman: Doc, That was a brilliant idea! Every time my husband came home drunk, I gargled with chamomile tea and gargled and nothing happened.

Doctor: **“You see how keeping your mouth shut helps!”**

(Sorry ladies)

Thank you for all your submissions. I'm running short on recipes so please submit your favourites.

Keep Smiling- Pass it on and I'll see you next month

☺ **Marlene Boniface**
marleneboniface@yahoo.com

