



Forest Park Newsletter

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Editor: Judy Watson email: fpnews2013@gmail.com

HAPPY VALENTINE'S DAY



Photos by Helen Smith

SOCIAL CLUB OFFICERS

Delores Holmes, President
Gail Ford, 1st Vice President
Mary Beth Schleter, 2nd Vice President
Joyce Hines, Secretary
Pat Schuren, Treasurer

SOCIAL CLUB NEWS

By: Delores Holmes, President

All activities are going full force in Forest Park. Please join in any activity that you are interested in doing.

We had a three piece band for our New Years Eve Dance. One played the keyboard, another the trombone, and a woman sang. It was a great evening with balloons floating around the dance floor.

BINGO has lots of people attending and trying to win the "Money Ball Pot."

If you win on your regular game of BINGO and on the "MONEY BALL POT SPECIAL NUMBER" you win both amounts of money from your regular game of Bingo and the money in the money ball pot. The amount in the Money Ball Pot is up over \$140.00.

Our Regular Saturday Night Dance will have FREE Admission for everyone. It will be held on January 25 from 7 PM till 10 PM. Our D.J. will be Ed Allensworth. He will have a paper on the clubhouse bulletin board so that you can write your requests for him to play. Come and listen to the music, even if you don't dance. There will be a 50/50 drawing and a liquor basket full of goodies that are raffled off. See you then.

The pool exercise is from 10:30 AM to 11:30 AM every day except Saturday and Sunday. Joan King will do a different pool exercise program on Monday and Thursday from 10 AM to 10:30 AM.

Our dinner/ show that was held on January 11th was a colossal success. Our entertainers, Johnnie and Carol, kept us laughing with their jokes. They sang the Silver Screen Cowboy songs. Carol did Patsy Cline songs and even yodeled. The show was enjoyed by everyone.

While walking through the park, I noticed there are lots of cigarette butts near the roadway. If there is one cigarette butt, then there will be lots more of them placed there by other people. Please take your cigarette butts home with



LAWN MOWING HOURS
- 7 AM TO 11 PM JUNE
1 THROUGH AUGUST
31ST AND 8 AM TO 11
PM SEPTEMBER 1ST
THROUGH MAY 31ST.

you. If you do, that will keep our park clean!

Congratulations to our new Forest Park Officers for 2014:

President	Jim Arthur
1st V.P.	Pete Lawrence
2nd V.P.	Lee Fisher
Secretary	Diane Price
Treasurer	John Wright
Directors	Judy Birkhead
	Bob Carson
	Lou Smith
	Richard Taylor
	Jim Ullrey
	Jack Watson
Ex officio	Bob Dickerson

KOFFEE KLATSCH

By: Social Club

FRIDAY, FEBRUARY 7, 2014 @ 9 AM

Please join us in the clubhouse at 9am on February 7th for our February Koffee Klatsch. Our Speaker is Dr. Jason Nemitz, an Orthopedic Surgeon, who will give us tips on how to prevent orthopedic injuries.



Free coffee and donuts! Please bring your own coffee cup.



Community Media P.O. Box 1023 Venice, FL 34284
For advertising information Call - 941-375-3699

FREE SATURDAY NIGHT DANCE

By: The Social Club

**JANUARY 25th
7-10 PM**

Our regular Saturday Night Dance will have **FREE** Admission for everyone. It will be held on January 25th from 7 PM till 10 PM. Our D.J. will be Ed Allensworth. Ed will have a paper on the clubhouse bulletin board so that you can write your requests for him to play. Come and listen to the music, even if you don't dance. There will be a 50/50 drawing and a liquor basket full of goodies that will be raffled off. See you then.

FOREST PARK COMMUNITY CARPORT SALE

By: Social Club

**Saturday, February 8th
8 AM-1 PM**

Do you have lots of items to sell? Now is the time to clean out your homes and yards and sell some of your items at the second Forest Park Carport sale. Remember, one man's junk is another man's riches. Good Luck!

2013-2014 FOREST PARK COMMUNITY PHONE BOOKS ARE HERE

By: Mary Diaz (F.P. Office)

Please stop by the office during regular hours 9:00 am-Noon, Monday through Friday and pick up your copy. If your name is not listed in the directory, please make sure you fill out an authorization form so that you will be included in next year's directory. Please check your name and number in the directory and submit any changes or corrections for the Forest Park telephone directory to the park office by email to fpoinc@gmail.com or call 239-543-1155. All changes and additions will be noted in this issue and future newsletters. Only take one book per household please. If additional copies are available after the initial distribution, you may request an extra copy.

NO MEN'S KOFFEE KLATSCH
FEBRUARY 14th DUE TO THE
SHUFFLEBOARD'S
VALENTINE'S DAY BREAKFAST

MIX AND MINGLE

By: Social Club

The Social Club is planning a Mix and Mingle evening on Thursday, February 13th at 7:00 p.m. in the Clubhouse. This year we are changing our format. We first introduce each of our new residents and ask them to tell us a little about themselves and how they found Forest Park. Then a Social Club officer will give a short overview (three to five minutes) of the activities which take place in our park. We then will "mix and mingle" with our new residents and enjoy light refreshments. Remember, if you are a home owner or renter in Forest Park you are a member of The Social Club! Plan to join us on Feb. 13th to welcome our new residents!

STRAWBERRY FESTIVAL - "IT'S THE BERRIES"

By: Joyce Hines

Plans for a trip to Plant City's Strawberry Festival are in full swing! The trip is scheduled for Thursday, February 27th. The cost of the bus and admission to the Festival is \$72.00. If you plan to participate, please sign-up as soon as possible because bus availability is filling up fast. The bus cannot be reserved until we have 30 people. A sign-up sheet is on the counter in the rear of the Clubhouse.

If you have any questions, Brita Mullholland is organizing the trip. Her phone number is listed in our new directory! Thirty people must sign up for the trip to make it happen, so get on the bandwagon and sign-up for a fun trip."It's the berries"



JASPER THE VEGGIE MAN



THURSDAYS 7:30 am - 12:30 pm
AT THE PAVILLION

WELCOME TO OUR NEWEST RESIDENTS/HOME BUYERS

Walter Finch, 5141 Forest Park Drive
formerly from Cape Coral, FL.

PHONE BOOK CHANGES

HELMICK, Kathy 229
Shrub Ln. S. 330-469-
0181/330-856-3174 OH

SARGENT, Dorothy 722
Knotty Pine Circle 239-
543-8940 FL

STRINGER, Eric & Judy
518 Blossom Ct. 239-
565-9067 (local number
addition) MI



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FOREST PARK CALENDAR

By: Gail Ford

Gail Ford is the person who handles the updates to the calendar. View the calendar anytime and see the most current information at the website: www.forestparkonline.com. This also allows you to view it in various formats i.e. weekly, monthly, etc. Please contact Gail for calendar changes at: gailford39@gmail.com or call her on 731-2028.

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LEE COUNTY FAIR

By: Delores Holmes

Last call to volunteer at the Lee County Fair which is being held from February 27th through March 9th. Lee County Fair is looking for some Forest Park Residents to greet people who arrive at the fair. The fair is held at the Civic Center which is East on Bayshore Road just down the road from Forest Park.

You pick your own 3 hours to work. To volunteer, time starts Mon - Friday 4:30 PM to 10:00 PM or 11:30 AM on weekends. If interested in volunteering, call Delores Holmes, at 731-3943 for more information or to sign up. Last year, we had a few couples work and they had a good time.

HEALTH & WELFARE

By: Mary Gibson, RN

A free Blood Pressure Clinic will be held on Tuesday, February 18th, 2014 from 9-11am in the Clubhouse. All are Welcome.



KNIT AND CROCHET CLUB

By: Nancy Lawrence

The Knit and Crochet Club meets every Wednesday afternoon from 2-4pm in the Activity Building. Bring any projects you are working on or share a project you have done with the group. We are always looking for new projects. All are welcome.



FOREST PARK BOOK GROUP

By: Joan King

The Book Group will meet on February 28th at 1:00 p.m. in the Activities Building. For that meeting we will be reading "Tomorrow There Will Be Apricots" by Jessica Soffer. This is a story about accepting the people we love - the people we have to love and the people we choose to love. Two women adrift in New York, each searching for someone she's lost. Both women love to cook and food brings them together in an unusual way. Call Joan King for more information. 239 567-0606.

50TH ANNIVERSARY DINNER

FEBRUARY 20, 2014

By: The Social Club

Each year Forest Park honors those couples that are celebrating their 50th Wedding Anniversary. If this is applicable to you, be sure to register your name on the sign-up sheet in clubhouse on the bulletin board. The Dinner will be held at 5:30 PM on Thursday, February 20, 2014.

All Forest Park Residents will be celebrating with those couples who have had or will have their 50th Anniversary this season. You don't have to be personal friends with the couple. Everyone is welcome to come and help celebrate their anniversary with them. Everyone not celebrating their 50th Wedding Anniversary, will bring their own table service, but please wait till the tablecloths are on the tables (approximately noon) before bringing them to the Clubhouse.

Entertainment by our own Forest Park Choraleers will follow your dinner. If you would like to attend, you will be given a ticket for a seat at an assigned table. A designated person at your table will be given the task of making the menu and you will be contacted as to what food you need to bring to be shared with those at your table. Anniversary Cake and beverages will be provided.

In order to know how much Anniversary Cake we have to bake and the amount of beverages to make, we give out tickets so that you get a reserved seat at a table.

Get your Free Ticket for the 50th
Anniversary Celebration
on Sunday, February 9th or the 16th
from 1-3 PM in the clubhouse.

BID EUCHRE

By: Madaline Preston

We have Bid Euchre every Wednesday & Saturday at 6:30pm in the Clubhouse unless there is another activity going on in there. We then play in the Activity Building. We have several new players and would like to have many more join in on the fun.

CRAFT CLUB

By: Wanda Dickerson, President

The Craft Club would like to thank all the people who came out for our first Hot Dog Dinner and hope that everyone enjoyed it. The next dinner will be February 4th and we will be serving Creamed Chicken with mashed potatoes, biscuit and green beans. We hope you will come out and join us again. There will also be another Hot Dog Dinner on February 25th. We have not decided what we will be serving, but watch the bulletin board for further details on that dinner. The ladies have been busy doing different things such as making cards for the Park Cheer Lady, turtles for the yard, baby hats and many other things. If you would like to see what we are doing we meet on Wednesday morning at 9:00 am. Come out and join us.

BINGO

By: Anne Domingos

Please join us on Tuesdays at 6:45pm for 7:00pm Bingo in the clubhouse each week. Cards are \$.50 with a minimum purchase of four cards. Night Owl cards are \$.25.



There is a new addition to our BINGO Games. You put a quarter into a "money ball pot". The first number called is the "special number" so that if you Bingo on that number, you will win the money that has been collected in the money ball pot plus the money that is allotted for the game that you won.

The "money ball pot" is up to \$104. Come and Enjoy Playing BINGO!

BUNCO

By: Larry Tsicountouridis

Bunco is held on the first Saturday of each month in the Clubhouse at 7pm. See you on Saturday, February 1st, 2014.

KARAOKE

The third Monday of each month at 6:00 pm the clubhouse comes alive with the sound of music. Join in or just listen. Both actions are welcome. The next Karaoke will be February 17th.

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Investment Research Corporation titled:
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Investment 99% of the Time*



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HAND AND FOOT CARD GAME

By: Carol Lahman

I am interested in organizing a group to play the card game called "Hand and Foot". I need to establish the interest generated before setting up dates and times.

Please contact Carol at 995-8252 and get your name on the list. Let me know if it would be better for you to play in the evening or afternoon. I have played and have all the instructions on playing.

BOCCE

By: Bob Howe

We had three full courts on Monday, January 13th which was about a dozen new players. We all enjoyed a Pizza party after bocce. Come join the fun each Monday and Thursday at 2:30pm at the Bocce Court. All are welcome. Don't be shy. It is lots of fun and no experience is needed. We are not pros! Hope to see you there. Stay tuned for more good things to happen.

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FEBRUARY BIRTHDAY'S

Myra Santiago	?
Lee Fisher	2
Jeanette Craven	7
Carlos Mei	8
Harold Mundle	9
Robert Presher	12
Art Stiemke	14
Carol Lahman	15
Nancy Lawrence	16
Lou Smith	16
Juanita Taylor	20
John Westall	22
Don Kidder	23
Joan Reekie	25
Eleanor Pucak	27

FEBRUARY WEDDING ANNIVERSARIES



Bob & Kathy Carson	February 7, 1970
Jim & Janet Arthur	February 12, 1966
Don & Jan Plantenga	February 14, 1953
Bill & Dena Samm	February 18, 1939

NEWSLETTER ARTICLES

By: Judy Watson

All articles should be sent to Judy Watson at fpnews2013@gmail.com by the 13th of each month for the following month's newsletter. I would appreciate you sending your information via email if possible. Please include your information on the Gmail page itself instead of an attachment. Any questions or concerns, please email me at fpnews2013@gmail.com or call me on 731-1034. Thank You.

PICKLE BALL

By: Edwin Thomas

Pickle ball for beginners and advanced will be played again under the roof of the Pavilion. Come check it out and get some exercise Monday, Tuesday and Wednesday from 9am till 12 (noon) and Friday from 8am till 10am. Any questions or concerns, please call Ed. Thomas at 989-305-5809.

PINE TREE KNOTS QUILT CLUB

By: Judy Watson

The Quilt Christmas luncheon was held on Thursday, January 9th at Sassy's Restaurant in Ft. Myers. We all ordered off the menu including the special of the day that was so delicious and much too pretty to eat. This is an Italian restaurant and everything was not only delicious but the presentation's of each & every dish was so beautiful. Secret pal gifts were exchanged. A great time was had by all. I would definitely recommend this restaurant. They have limited times for lunch and dinner.

The Quilters meet in the Clubhouse every Thursday from 9 to 11am. Come on by and see all the different projects being worked on and meet the quilters. We are preparing sewn and quilted projects of all types for the Chinese Auction which will be held on Sunday, March 16th in the Clubhouse. The art class and the knit and crochet class will be joining the quilters that same day and will have items from each class to be auctioned off. Please be sure to save the date!

UPDATED USE OF HANDICAP DOORS

By: Jim Ullrey

Please understand, the operator buttons are heat sensitive and work best if you "Touch" them with the palm of your hand.

When the door is to be opened ALL must "Touch" the Handicap button and WAIT for the door to do its thing. After entering or exiting you may "Touch" the Handicap button to keep the door from standing open longer than necessary.

I am sorry if this is seemingly slow, however the operators were chosen to do the job at hand. It would have taken much more time and money to get the type found at

Banks and shopping malls. Please remember the wind as well as forcing the door to open or close will upset the timing of the electric operator.

LADIES FELLOWSHIP GROUP

By: Laura Esters

The Ladies' Fellowship Group meets weekly on Thursday mornings from 10:00 A.M. to noon. Our members are women from various churches and/or denominations. We have refreshments, a time for sharing our concerns, prayer and a study, which is taught from both the Old and New Testaments by Laura Esters. As so many new folks have moved into our park, we believe it is important to let our residents know about this activity as well as all the other organizations that the park offers. We do not espouse any specific theology, but are a group of Christian women who enjoy making friends, encouraging and supporting each other as the needs arise, and learning about the Bible. During the months of November to April we meet at the home of Reva Doliana, 849 Holly Berry Court. From May to October, Jan Arthur opens up her house to us at 455 Jacaramba Court. Just come to the door, and walk in---we'll be glad to welcome you! If you have any questions, please call Reva at 239-543-1144 or Laura at 239-210-8010.

SHUFFLE LEAGUE

***By: Dale Stafford, Captain
and Ray Preston, Co-Captain***

We have 3 new members who joined our club, Ed Thomas, Art Steinke and Mary Ward. "It would be lovely to get two more players so we would have a full compliment and everyone would play two games at home and away.

Our next club meeting will be @ 9:00 am on Feb. 01, 2014, in the Activities Building.

The club will be hosting their annual Valentine Breakfast from 8:00 to 10:30am on Friday, February 14th in the Club house. Everyone Welcome!

CANADIAN/MICHIGAN CLUB

By: Jim Barnett

Our Clubs February meeting will be a Pot Luck to be held in the Activities Building on Sunday February 16th. A signup sheet will be in the Clubhouse on February 5th which will also indicate the time of the meeting. In the past this has been a popular event with lots of good food.

FOREST PARK'S NATIVITY SET

By: Joyce Hines

With the help of Betty Campbell and FPPOA, Forest Park now has a beautiful Nativity set to add to our annual Christmas display. It arrived shortly before Christmas. I joined Betty and Butch, our maintenance expert, to unpack and assemble the Nativity Set. It is made out of PVC pipe, thus it should have no problem withstanding the sun, rain, and winds that our decorations have to endure. We think we found the perfect spot to place the Nativity Scene using two spotlights to highlight it. Added thanks to Butch who stayed well beyond his workday to patiently help as Betty and I assembled, placed and "replaced" each piece until we were satisfied! It is not easy to work with two women and to keep smiling, but Butch managed to do so! Thank you, Butch! We want to thank Betty Campbell and Mary Diaz for their online research and for locating our latest addition. We also wish to express our gratitude to FPPOA Board for their generosity! Our Nativity Scene was definitely "The Star" in our Clubhouse Christmas Display!



Photo By: Becky Conrad

NEIGHBORHOOD WATCH/PATROL (NWP)

By: Lou Smith

A big thanks to Pete and Pat Mayer, Bob and Cathy Carson, Dick and Joanne Gagner, Mike Fanning, Gary Eckels, Ed and Nancy Criswell and Becky Conrad for doing extra patrol duty during the holiday season. More patrol volunteers are needed.

Note to patrol volunteers: Doors in Clubhouse and Activity Building are set to lock at 11pm.

Neighborhood Watch meetings are open to all, not just the patrol volunteers. Come join us. Next meeting will be Wednesday, Feb. 12th at 10am in the Activity Building. A Lee County Sheriff usually attends these meetings and gives us insight as to what is happening in our area.

NORTHEAST CLUB

By: Dick Gagner

Academy Awards night is February 24th at 5:30 PM. Tickets are \$5.00 per person and table settings will be provided along with dinner and coffee or tea. Come out for an evening of glitz and glamour! Have the paparazzi take your photo on the red carpet along with the rest of the stars in the Northeast Club. Tickets will be sold in advance at the Soup-per Bowl party or by calling Bev Benson or Nick Sorge at 239-731-0085. Final sale of tickets will be on February 16th in the clubhouse at a time to be posted on the marquis.

ART CLASSES

By: Jack Watson

Art Class meets every Monday from 9:00 am to 12 noon in the Activities Bldg. Cost is still \$10.00 per class payable upfront. We welcome first timers and have supplies available for you to try your hand at painting. Our teacher is Betty Leis, a professional artist. Come join us, we have a lot of fun. Any questions, call Jack Watson on 731-1034 or Betty Leis on 997-1880.



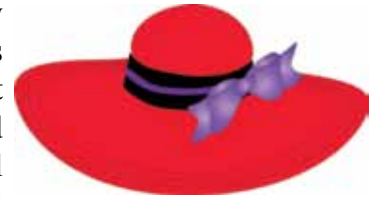
Classes run from first week in January to the end of March. We have a combined show on March 16th, 2014 in the Clubhouse with the Forest Park Quilters and the Knit & Crochet Class. We show off our paintings and each class auctions off a contribution. Back by popular demand the Quilters will hold their annual Chinese Auction and refreshments will be served.

RED HAT LADIES

FEBRUARY OUTING

By: Connie St. Jean

On Thursday, February 13th, the Red Hat Ladies will be going to the "Hut Restaurant" sheltered amid the exotic Peace tropical Gardens in the beautiful Buckingham Preserve. Located at 5150 Buckingham Road, Fort Myers.



We will meet at the Club house at 11:30 am to depart by car pool for 12:00 noon reservations at the restaurant. We will be ordering from their regular menu and paid for individually. Reservation must be in by February 10th.

COMPUTER CLUB

By: Sherrill Wright

Recycle: Don't throw away your used ink cartridges! I can take them to Office Max and get a credit for them, which is then donated back to the Computer Club. There is a collection container on the Activity room counter.

The Computer Club is a group of friendly people who meet every Thursday, 2 - 4 PM to help each other with computer issues. If you have a problem related to computers, or a skill you think might benefit others, YOU ARE WHO WE NEED IN OUR CLUB! Please come and join the group. Membership costs \$10/household per winter season. We take a break and have coffee and cookies around 3 PM to socialize. Most members use Windows, but some use Macs or Linux and most software programs are compatible with each system. Each week, we usually have a person show something they are experienced in, or we focus on a particular problem. In many cases, the club can help fix the problem. If not, we can usually define the situation, to assist if professional help is needed.

If you have a particular interest, a new piece of equipment like an iPad or similar tablet or I-Phone that you would like to show and demonstrate, please join us. This also includes your friends and family who might be visiting. Also, if you have a particular need, or problem that you would like help with, please come along and join us, but let us know in advance so we can schedule it on that week's meeting. Contact Sherrill or John Wright @ 239.731.7524, email fpclub@yahoo.com

CHORALEERS WANTED!

By: Joyce Hines

Our Forest Park Choraleers are already busy preparing for the February 20th Anniversary Dinner Program and for our Spring Fling which will take place in March. We have an enthusiastic group including three new members! If you are interested in joining the Choraleers, simply attend our weekly rehearsals which take place every Tuesday at 1:00 p.m. in the Clubhouse or call Joyce Hines at 239-731-3274. There is always room for one more!

F.P.P.O.A. BOARD NEWS

YOUR NEW BOARD

Photo By: Judy Watson



Back row L to R: Jim Arthur, Pete Lawrence, Richard Taylor, Bob Carson, John Wright, Jim Barnett, Jim Ullrey
Front row L to R: Lee Fisher, Judy Birkhead, Mary Diaz, Diane Price and Jack Watson
Missing from picture: Bob Dickerson, and Lou Smith

PRESIDENT'S MESSAGE

By: Jim Arthur, President FPPOA

It is a real privilege that you, the residents of Forest Park, have given me. Thank you so much for your vote of confidence you gave me during the general election and to all of you who got out and voted. I will do my best to serve you well over the next two years.

I would like to thank the outgoing president and other

officers who have served with distinction these past few years: Bob Dickerson, President, Betty Campbell, 1st Vice President, Jan Orlando, 2nd Vice President and Bob Lang, Secretary. I would like to congratulate the newly elected board members: Pete Lawrence, 1st Vice President, Lee Fisher, 2nd Vice President, John Wright, Treasurer, Diane Price, Secretary and Bob Carson, Director and Jim Ullrey, Director. I believe you, the voters, have given us a really strong team to work with and keep the park running as smoothly as possible.

As I look over our calendar of activities for this season I want to encourage you to get involved. Get out of your house, meet the new folks, soak up some sun, remind the folks back home about the temperatures and have a good time. You know, "good time" is what has brought us all to Forest Park!

BOARD OF DIRECTOR'S MTG

February 20, 2014

9:00 am

GENERAL MEMBERSHIP MTG

February 27, 2014

7:00 pm

BOD & GM MEETING DATES FOR BALANCE OF THIS SEASON

March 20, 2014, BOD Meeting

March 27, 2014, GM Meeting

April 17, 2014, BOD Meeting

April 24, 2014, GM Meeting

FUN FLORIDA FACTS

By: Bill Murphy:

Florida is not the southernmost state in the United States. Hawaii is farther south.

The United States city with the highest rate of lightning strikes per capita is Clearwater.

Gatorade was named for the University of Florida Gators where the drink was first developed.

Miami Beach pharmacist Benjamin Green invented the first suntan cream in 1944. He accomplished this development by cooking cocoa butter in a granite coffee pot on his wife's stove.

May 20, 1970 Florida lawmakers passed and sent to the Governor a bill adopting the moonstone as the official state gem. Ironically, the moonstone is not found naturally in Florida...nor was it found on the moon.

Plant City, the Winter Strawberry Capital of the World, holds the Guinness record for the world's largest strawberry shortcake. The 827 square-foot, 6,000 pound cake was made on Feb. 19, 1999.

Florida is the only state that has 2 rivers both with the same name. There is a Withlacoochee in north central Florida (Madison County) and a Withlacoochee in central Florida. They have nothing in common except the name.

FAREWELL DEAR FRIENDS

The following dear friends have passed away and their names were not noted in previous newsletters. They will be greatly missed.

Barbara Carlson and Geraldine Bacsom

If you know of others, please send me an email at fpnews2013@gmail.com or call the Forest Park office so we can list their names in the next newsletter.

EXERCISE PROGRAM

RECOMMENDED FOR "KIDS"
OF ANY AGE!

Please join us on Tuesday and Saturday mornings at 9:00 am in the clubhouse for a fun, easy exercise program.

Bring a small hand weight or even a can of soup to use to build muscle. Also bring a small pillow.



EASY WATER EXERCISE

By: Joan King



Most of the water exercises are the same as the Tuesday & Saturday exercises, except they are done in the pool. This means less stress on joints plus we get those healthy rays of sunshine at the same time. We have a great time exercising and catching up on the latest in Forest Park.

The new half-hour water aerobics class will begin at 10:00 a.m. in the pool on Monday's and Thursday's. The class is moderately paced easy aerobic exercises done to music. Exercise at your own speed. Everyone is welcome. Please bring an empty gallon water jug.

RESOURCE BOOK

In the clubhouse there is a Resource Book which has been put together by members of Forest Park. These are referrals or warnings of how outside vendors have performed in the Park. Before you hire someone, please check the book to see if someone in the park has used that particular company or person. If you would like to add a name or business you may do so.

ALUMINUM CAN RE-CYCLE

By: Mary Beth Schleter

Please remember to put your washed out and dried out aluminum cans in a bag and place UNDER YOUR MAILBOX Monday evening for early Tuesday morning pick up. Make sure cans are

rinsed and clean and DRY. Please place away from trash cans/bags. DO NOT place plastic, glass or metal cans in the bag. Those go in the blue tote bins. Money collected for can recycle helps pay some of the costs of Social Club activities. So, it benefits all residents of Forest Park.



FLORIDA PROGRAM

By: Social Club

Please join us for a program of "The History of Forest Park, Fort Myers and Florida" on Wednesday, February 12th at 7 pm in the Clubhouse. Refreshments will be served.

GREEN TREE STICKER

There is a little green tree sticker available in the office that goes on the back window of your car. All residents with automobiles should have this highly visible authorization to be in the Park. This will help the safety patrol on their nightly rounds. If you are a temporary resident and don't want any stickers on your window, then scotch tape it there while you are here.

BLUE BARREL RE-CYCLE

The blue barrel is used for all other types of re-cycling such as paper, metal, plastic, etc. This is a separate program from our regular trash that is picked up on Tuesdays and Fridays. The re-cycle truck comes on Wednesdays.

THANK YOU'S

SUNCOAST CHRISTMAS TOY DRIVE

By: Bernie & Rita Booth

We would like to thank everyone that donated toys for The Suncoast children at Christmas time. We received an outstanding selection of toys for toddlers to teenagers which made them realize there is still a Santa Clause.

Thanks again!

CHRISTMAS GIFTS OF CHEER

By: Nancy Cooper

Forty eight homes received Christmas Gifts of Cheer thanks to the hard work of the Senior Services Committee. A huge thank you to the Northeast Club, the Social Club and the Craft Club for their generous donations. Special thank you to the Quilt Club for the ornaments and Nancy Criswell, Lorita Hettick and Joann Gagner for making cookies.

THANK YOU

We want to thank everyone in Forest Park for their prayers, cards and condolences in the death of our son, Jeff. Our sincere and heartfelt thanks to all, during this difficult time in our lives.

Peg & Dean Hull

THANK YOU

By: David Moore

A big post holiday thank you to the Dieck, Hodson, Rudy and Woods families for their work with the Christmas luminaries on Hollyberry Ct.!! Your effort is greatly appreciated!!

Jean Rogers would like to thank the people that gave her a gift box at Christmas.

Christmas, 2013

By: Jack & Judy Watson

Thank you to everyone, especially Bo & Betty McClain, for organizing the Christmas Golf Cart Parade. Thank you to Mike & Kathy Fanning alias "Mr. and Mrs. Clause" and to Sandy and Dan O'Brian for buying and distributing the donuts. Thanks to Helen Smith & Becky Conrad for all the photos of the parade and decorations. A great time was had by all!

JOKES

By: Ruth Malago

A few years ago, my wife and I moved into a retirement development on Florida's southwest coast.

We are living in the "Fort Myers/Punta Gorda/Cape Coral Golf, Spa, Bath and Tennis Club on Lake Fake-a-Hachee". There are 3,000 lakes in Florida; ...only three are real.

Our biggest retirement concern was time management. What were we going to do all day? Let me assure you, passing the time is not a problem. Our days are eaten up by simple, daily activities - Just getting out of our car takes 15 minutes. Trying to find where we parked takes 20 minutes.

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It takes a half-hour in the check-out line in Wal-Mart, and 1 hour to return the item the next day.

Let me take you through a typical day:

We get up at 5:00 am, have a quick breakfast and join the early morning Walk-and-Fart Club.

There are about 30 of us, and rain or shine, we walk around the streets, all talking at once.

Every development has some late risers who stay in bed until 6:00 am.

After a nimble walk, avoiding irate drivers out to make us road kill, we go back home, shower and change for the next activity.

My wife goes directly to the pool for her underwater Pilates class, followed by gasping for breath and CPR. I put on my 'Ask me about my Grandchildren' T-shirt, my plaid mid-calf shorts, my black socks and sandals and go to the clubhouse lobby for a nice nap.

Before we know it, it's time for lunch.

We go to Costco or Publix to partake of the many tasty samples dispensed by ladies in white hair nets - All free! After a filling lunch, if we don't have any doctor appointments, we might go to the flea market to see if any new white belts have come in or to buy a Rolex watch for \$2.00.

We're usually back home by 2:00 pm to get ready for dinner.

People start lining up for the early bird about 3:00 pm, but we get there by 3:45 because we're late eaters. The dinners are very popular because of the large portions they serve. We can take home enough food for the next day's lunch and dinner, including extra bread, crackers, packets of mustard, relish, ketchup and Splenda, along with mints!

At 5:30 pm we're home, ready to watch the 6 o'clock news. By 6:30 pm we're fast asleep.

Then we get up and make five or six trips to the bathroom during the night, and it's time to get up and start a new day all over again.

Doctor-related activities eat up most of our retirement time.

I enjoy reading old magazines in sub-zero air conditioned temperatures in the waiting room, so I don't mind.

Calling for test results also helps the days fly by.

It takes at least a half-hour just getting through the doctor's phone menu.

Then there's the hold time until we're connected to the

right party.

Sometimes they forget we're holding, and the whole office goes off to lunch.

Should we find we still have time on our hands, volunteering provides a rewarding opportunity to help the less fortunate. Florida has the largest concentration of seniors under five feet and they need our help. I myself am a volunteer for 'The Vertically Challenged Over 80.' coach their basketball team, The Arthritic Avengers. The hoop is only 4-1/2 feet from the floor... You should see the look of confidence on their faces when they make a slam dunk.

Food shopping is a problem for short seniors, or 'bottom feeders' as we call them, because they can't reach the items on the upper shelves. There are many foods they've never tasted. After shopping, most seniors can't remember where they parked their cars and wander the parking lot for hours while their food defrosts.

Lastly, it's important to choose a development with an impressive name.

Italian names are very popular in Florida. They convey world travelers, uppity sophistication and wealth. Where would you rather live: Murray's Condos or the Lakes of Venice?

There's no difference -- they're both owned by Murray, who happens to be a cheap youknowwhat.

I hope this material has been of help to you future retirees. If I can be of any further assistance, please look me up when you're in Florida.

I live in the Leaning Condos of Pisa in Fort Myers Beach

BAPTIST WHITE LIE CAKE

By Becky Conrad

Have you ever told a white lie?

Alice Grayson was to bake a cake for the Baptist Church Ladies' Group in Tuscaloosa, but forgot to do it until the last minute.

She remembered it the morning of the bake sale and after rummaging through cabinets, found an angel food cake mix & quickly made it while drying her hair, dressing, and helping her son pack for scout camp.

When she took the cake from the oven, the center had

continued on page 16

February 2014 - FOREST PARK

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 2:00pm Canadian Club Wine and Cheese Party	27 9:00am Dominoes 9:00am Art Class 9:00am Pickle Ball 10:00am Shuffleboard 10:30am Pool exercises 12:30pm Duplicate Bridge 2:30pm Bocce 5:30pm NE Club Souper Bowl Monday 6:30pm Skip-Bo 7:00pm Shuffleboard	28 9:00am exercise 9:00am Pickle Ball 10:00am Lady's Shuffle 10:30am Pool exercises 2:30pm Bocce 6:45pm Bingo	29 9:00am Craft Club 9:00am Pickle Ball 10:30am Pool exercises 12:30pm shuffle-home 2:00pm Knit and Crochet Club 6:30pm Bid Euchre 6:30pm Canadian Euchre	30 9:00am Quilt Club 10:30am Pool exercises 1:00pm Change Bingo 2:00pm Computer Club 2:30pm Bocce	31 8:00am Pickle Ball 10:00am Line Dance 10:00am Shuffleboard 10:30am Pool exercises 6:30pm Friday Bridge 7:00pm Poker	1 9:00am exercise 9:00am shuffle meeting 10:00am Shuffleboard 1:00pm Bingo 6:30pm Bid Euchre 7:00pm Bunco
2 9:00am Dominoes 9:00am Art Class 9:00am Pickle Ball 10:00am Shuffleboard 10:30am Pool exercises 12:30pm Duplicate Bridge 2:30pm Bocce 6:30pm Skip-Bo 7:00pm Shuffleboard	3 9:00am exercise 9:00am Pickle Ball 10:00am Lady's Shuffle 10:30am Pool exercises 4:00pm Hot Dog Dinner 6:45pm Bingo	4 9:00am exercise 9:00am Pickle Ball 10:00am Lady's Shuffle 10:30am Pool exercises 4:00pm Hot Dog Dinner 6:45pm Bingo	5 9:00am Craft Club 9:00am Pickle Ball 10:30am Pool exercises 2:00pm Knit and Crochet Club 6:30pm Bid Euchre 6:30pm Canadian Euchre Shuffle-away-Tamiami V	6 9:00am Quilt Club 10:30am Pool exercises 1:00pm Change Bingo 2:00pm Computer Club 2:30pm Bocce	7 8:00am Pickle Ball 9:00am Koffee Klatch 10:00am Line Dance 10:00am Shuffleboard 10:30am Pool exercises 6:30pm Friday Bridge 7:00pm Poker	8 8:00am Carport Yard sale 9:00am exercise 10:00am Shuffleboard 1:00pm Bingo 6:30pm Bid Euchre
9 9:00am Dominoes 9:00am Art Class 9:00am Pickle Ball 10:00am Shuffleboard 10:30am Pool exercises 12:30pm Duplicate Bridge 2:30pm Bocce 6:30pm Skip-Bo 7:00pm Shuffleboard	10 9:00am exercise 9:00am Pickle Ball 10:00am Lady's Shuffle 10:30am Pool exercises 6:45pm Bingo	11 9:00am exercise 9:00am Pickle Ball 10:00am Lady's Shuffle 10:30am Pool exercises 6:45pm Bingo	12 Lincoln's Birthday 9:00am Craft Club 9:00am Pickle Ball 10:00am Neighborhood Watch 10:30am Pool exercises 2:00pm Knit and Crochet Club 6:30pm Bid Euchre 6:30pm Canadian Euchre 7:00pm - Ft Myers/Florida Presentation by Bill Murphy Shuffle-away-Cypress Woods	13 9:00am Quilt Club 10:30am Pool exercises 1:00pm Change Bingo 2:00pm Computer Club 2:30pm Bocce 7:00pm Social Club	14 Valentine's Day 6:30am Valentine's Breakfast-shuffle 8:00am Men's Koffee Klatch 8:00am Pickle Ball 10:00am Line Dance 10:00am Shuffleboard 10:30am Pool exercises 6:30pm Friday Bridge 7:00pm Poker	15 9:00am exercise 10:00am Shuffleboard 1:00pm Bingo 6:30pm Bid Euchre
16 3:00pm Canadian Club Pot Luck	17 President's Day 9:00am Dominoes 9:00am Art Class 9:00am Pickle Ball 10:00am Shuffleboard 10:30am Pool exercises 12:30pm Duplicate Bridge 2:30pm Bocce 6:00pm Karaoke 6:30pm Skip-Bo 7:00pm Shuffleboard	18 9:00am Blood pressure 9:00am exercise 9:00am Pickle Ball 10:00am Lady's Shuffle 10:30am Pool exercises 6:45pm Bingo	19 9:00am Craft Club 9:00am Pickle Ball 10:30am Pool exercises 12:30pm shuffle-home 2:00pm Knit and Crochet Club 6:30pm Bid Euchre 6:30pm Canadian Euchre	20 9:00am Quilt Club 9:00am Board Meeting 10:30am Pool exercises 1:00pm Change Bingo 2:00pm Computer Club 2:30pm Bocce 50th Anniversary Dinner	21 8:00am Pickle Ball 10:00am Line Dance 10:00am Shuffleboard 10:30am Pool exercises 6:30pm Friday Bridge 7:00pm Poker	22 Washington's Birthday 9:00am exercise 9:00am shuffle Fun Day 10:00am Shuffleboard 1:00pm Bingo 6:30pm Bid Euchre 7:00pm Dance
23 9:00am Dominoes 9:00am Art Class 9:00am Pickle Ball 10:00am Shuffleboard 10:30am Pool exercises 12:30pm Duplicate Bridge 2:30pm Bocce 5:30pm NE Club-Academy Award Night 6:30pm Skip-Bo 7:00pm Shuffleboard	24 9:00am exercise 9:00am Pickle Ball 10:00am Lady's Shuffle 10:30am Pool exercises 4:00pm Hot Dog dinner 6:45pm Bingo	25 9:00am exercise 9:00am Pickle Ball 10:00am Lady's Shuffle 10:30am Pool exercises 4:00pm Hot Dog dinner 6:45pm Bingo	26 9:00am Craft Club 9:00am Pickle Ball 10:30am Pool exercises 2:00pm Knit and Crochet Club 6:30pm Bid Euchre 6:30pm Canadian Euchre Shuffle-away-Lazy days	27 9:00am Quilt Club 10:30am Pool exercises 1:00pm Change Bingo 2:00pm Computer Club 2:30pm Bocce 7:00pm FPPOA	28 8:00am Pickle Ball 10:00am Line Dance 10:00am Shuffleboard 10:30am Pool exercises 1:00pm Book Club "Tomorrow There Will Be Agriots" 2:30pm Bocce 6:30pm Friday Bridge 7:00pm Poker	1 9:00am shuffle-meeting 9:00am exercise 10:00am Shuffleboard 1:00pm Bingo 6:30pm Bid Euchre 7:00pm Bunco

dropped flat and the cake was horribly disfigured and she exclaimed, "Oh dear, there is not time to bake another cake!"

So, being inventive, she looked around the house for something to build up the center of the cake. She found it in the bathroom - a roll of toilet Paper. She plunked it in and then covered it with icing.

Not only did the finished product look beautiful, it looked perfect. And, before she left the house to drop the cake by the church and head for work,

Alice woke her daughter and gave her some money and specific instructions to be at the bake sale the moment it opened at 9:30 and to buy the cake and bring it home. When the daughter arrived at the sale, she found the attractive, perfect cake had already been sold.

Amanda grabbed her cell phone and called her mom.

Alice was horrified-she was beside herself! Everyone would know! What would they think? She would be ostracized, talked about, ridiculed!

All night, Alice lay awake in bed thinking about people pointing fingers at her And talking about her behind her back.

The next day, Alice promised herself she would try not to think about the cake and would attend the fancy luncheon/bridal shower at the home of a fellow church member and try to have a good time. She did not really want to attend because the hostess was a snob who more than once had looked down her nose at the fact that Alice was a single parent and not from the founding families of Tuscaloosa, but having already RSVP'd, she couldn't think of a believable excuse to stay home.

The meal was elegant, the company was definitely upper crust old south, and to Alice's horror, the cake in question was presented for dessert! Alice felt the blood drain from her body when she saw the cake!

She started out of her chair to tell the hostess all about it, but before she could get to her feet, the Mayor's wife said, "what a beautiful cake!"

Alice, still stunned, sat back in her chair when she heard the hostess (who was a prominent church member) say,

"Thank you, I baked it myself."

Alice smiled and thought to herself,
"God is good."



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February 2014 Sudoku

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						8	4	7
		4					9	
2								6
	6				1			
			5	8				
5							3	
3		7	9		8		2	
		8		4				

9	2	8	3	4	5	7	6	1
3	1	7	9	6	8	4	2	5
5	4	6	1	2	7	9	3	8
4	7	3	5	8	6	2	1	9
8	6	5	2	9	1	3	7	4
2	9	1	7	3	4	5	8	6
7	5	4	8	1	3	6	9	2
1	3	9	6	5	2	8	4	7
6	8	2	4	7	9	1	5	3





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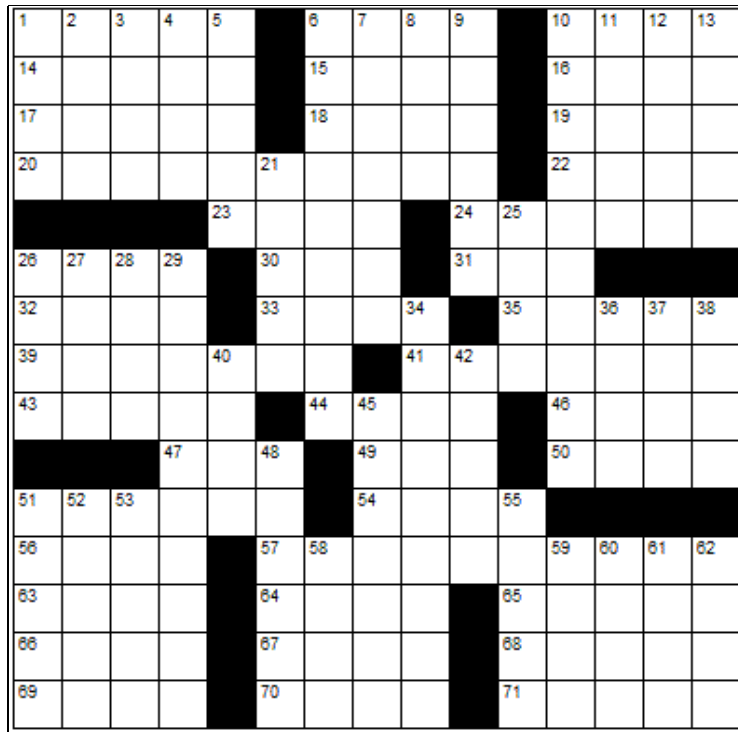
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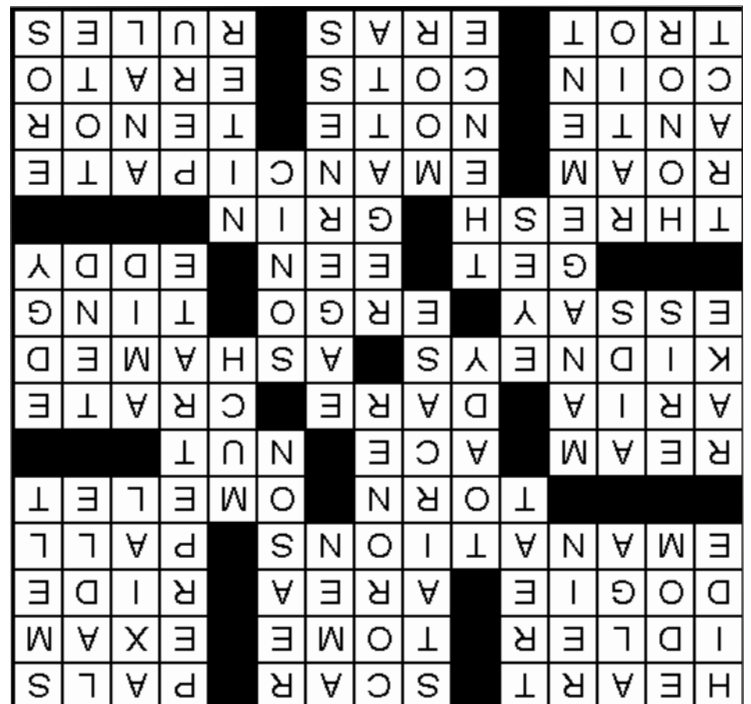
1. It pumps blood
6. Stigma
10. Friends
14. Lazybones
15. Hefty volume
16. Test
17. Motherless calf
18. District
19. Go on horseback
20. Emissions
22. Gloomy atmosphere
23. Ripped
24. Egg dish
26. 500 sheets
30. Card with one symbol
31. Cashew or almond
32. Diva's solo
33. Have the nerve
35. Wooden box
39. Urinary organs
41. Disgraced
43. An analytic literary composition
44. Therefore
46. Bell sound
47. Obtain
49. Poetic dusk
50. Countercurrent
51. Flail
54. Smile
56. Wander
57. Liberate
63. Initial wager
64. Memo
65. Adult male singing voice
66. Metal money
67. Camp beds
68. Muse of love poetry
69. Gait faster than a walk
70. Historical periods
71. Governs



DOWN

1. Conceal
2. Biblical kingdom
3. Aquatic plant
4. Bridle strap
5. Delicacy
6. Steps
7. Medical examiner
8. Ends a prayer
9. A rational motive
10. Commit
11. Lengthways
12. Soup server
13. Refine metal
21. Sycophant
25. Large indefinite quantity
26. Garden tool
27. Twin sister of Ares
28. Helps
29. Administration
34. Avidness
36. Among
37. Care for
38. Jittery
40. Visual organs
42. Relating to audible sound
45. Sailing competition
48. Therefrom
51. Plot of land
52. Show respect towards
53. Relative magnitudes
55. Fertilizer ingredient
58. Dock at a wharf
59. South American country
60. A Freudian stage
61. Carry
62. God of love

February Crossword



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