



Forest Park Newsletter

www.forestparkonline.com

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Editor: Sharon Goudy & Judy Watson email: fpnews2013@gmail.com

HAPPY NEW YEAR 2013

SOCIAL CLUB NEWS

By: Delores Holmes, President

Effective January 1, 2013, I will be the Social Club President for scheduling future activities, please contact me at 731-3943. If you have Questions or Concerns about an event, please call. Social Club is collecting any historical documents about the park that you have. We will copy them or we will save the originals. Social Club welcomes new residents to participate in Forest Park's many activities. Many types of events are held in the park. You may obtain event information in our monthly newsletter that is delivered to your house or you may receive the newsletter via email (notify Judy Watson at fpnews2013@gmail.com) or you may look at a calendar on the Forest Park Website at www.forestparkonline.com

FOREST PARK NEW OFFICE HOURS

Effective immediately, the hours that the Forest Park Office will be open will change to 9:00 am – 12:00 noon, Monday through Friday.

SOCIAL CLUB OFFICERS

Delores Holmes, President
Mary Beth Schleter, 1st Vice President
Gail Ford, 2nd Vice President
Joyce Hines, Secretary
Pat Schuren, Treasurer

SNOWBIRD CHECK-IN

Please be sure to stop in at the office during the open hours of 9:00 am – 12 Noon, Monday through Friday to let us know that you are back. This becomes very important during an emergency or with issues concerning your property in Forest Park.

2012-2013 FOREST PARK COMMUNITY PHONE BOOKS ARE HERE

Please stop by the office during regular hours 9:00 am- Noon, Monday through Friday and pick up your copy. If your name is not listed in the directory, please make sure you fill out an authorization form so that you will be included in next year's directory. Changes and additions will be noted in this issue and future newsletters. Only take one book per household please. If additional copies are available after the initial distribution, you may request an extra copy.



Happy New Year!

From:

Community Media





KOFFEE KLATSCH

January 4, 2013

NEW YEAR! NEW YOU!

Is your resolution to lose some weight? Maybe you want to improve your immune system so you stay healthy. Or perhaps you want to get rid of some of those aches and pains.

Then you absolutely won't want to miss hearing Dr. Mike Lampe provide some valuable tips and suggestions about what you can easily do to become the "NEW YOU". Friday, January 4 at 9:00 am. Remember your coffee cup and hope to see you there!

KNIT AND CROCHET CLUB



The first meeting of the Knit and Crochet Club will be held Monday, January 7, 2013. The first meeting will be a chance to organize and see how, when and where future meetings will be held. Please join us at 504 Timber Lane South at 9:00 am. Bring your needles and yarn and help us get

JASPER THE VEGGIE MAN THURSDAYS 7:30 AM - 12:30 PM



WELCOME TO OUR NEWEST RESIDENTS/HOME BUYERS

John L. Nigro,	563 Peace Lake Ct. FL
Gene & Donna Pope	519 Pine Tree Ct (Home state unknown)
Robert Brown	559 Timber Lane S. PA
Donna Stiner	310 Twig Court N. NY

LAWN MOWING HOURS - 7 AM TO 11 PM JUNE 1 THROUGH AUGUST 31ST AND 8 AM TO 11 PM SEPTEMBER 1ST THROUGH MAY 31ST.

WEBMASTER NEEDED FOR FOREST PARK WEBSITE

Please do not let the term "webmaster" scare you away from taking a look at what we need to maintain the Forest Park website. Bob Geisler has been our GURU when it comes to the website. He created it, tweaked it, and managed it. Now Bob is going to be leaving Forest Park in search of new adventures and we are looking for someone willing to be trained by Bob to keep the information current on the website. Bob assures me that he can teach anyone to maintain the site. So... we are looking for someone to step up and assume the role so we can have Bob do the training BEFORE he leaves us. Please call Mary in the office and she will make sure to notify the right person.

PHONE BOOK CHANGES

Please add the following to the 2012-2013 phone directory.

Perruzzi, Mary	600 Sand Lake Ct.
313-917-2841	MI (number change)
Soucek, Marguerite	508 Timber lane S.
543-6271	FL
Turek, Michael & Christine	5150 Forest Park Dr.,
330-718-2209	OH
Kidder, Don & Sandy	5300 Forest Park Drive
814-450-1746	814-450-4707 PA

NEWSLETTER CHANGES

By: Sharon Goudy

How do you like our first edition of the "new style" Forest Park Newsletter? Community Media has agreed to help us with the formatting and printing of the newsletter. Judy Watson is the new editor and will be producing the newsletter beginning with the February newsletter. All articles should be sent to her at fpnews2013@gmail.com

Please join me in welcoming Judy Watson as your new editor. Thank you Judy and thank you all for the wonderful articles over the years. I have enjoyed being your editor and will look forward to enjoying future newsletters.

FOREST PARK HOLIDAY DINNER

The Holiday Dinner was a success on Wednesday, December 12th with ham, dessert and beverages being provided and each attendee bringing their favorite side dish. It seemed that everyone enjoyed all the great food and the fellowship of their fellow Forest Park residents. This was followed by entertainment by our own Richard Taylor. A big **THANK YOU** to everyone who helped make this a success!

ROAST BEEF DINNER AND SHOW

By: Keith Goudy

Be sure to mark your calendar for Saturday, January 19th, to attend our annual Roast Beef Dinner and Show. We begin with a complete roast beef dinner. Then we are going to be entertained by "My Three Sons". As the four male members of the nationally renowned Ditchfield Family Singers they've placed in the top 35 quartets in the world in International Competition, performed from coast to coast, and appeared on national TV. Don't miss this wonderful evening with the Florida State Championship Quartet. Tickets are \$15.00 each and available on Sunday January 6 and 13 from 1:00 - 3:00 at the clubhouse.

CASINO TRIP

By: Carol Goans

We Are On The Road Again For Our First Trip Of 2013

Where: **HOLLYWOOD CASINO**

Date: Thursday, January 24, 2013 leaving clubhouse promptly at 7:30 am.

Bus will arrive back a clubhouse by 6:00 pm.

Cost: \$35.00 per person

CASINO WILL GIVE EACH PERSON \$30.00 FREE PLAY CHIPS and \$ 7.50 FOOD VOUCHER

Sign up sheet will be on the back shelf in the clubhouse.

QUESTIONS CALL: Carol Goans -231-944-9524

NCL DAWN & PEARL CRUISERS

By: Andy Chernow

There will be a meeting for the passengers who signed up for the cruises this season. It will be on Tuesday, January 8 at 10:30 AM in the clubhouse. Marion Lobbett, owner of Melmar Travel, will be there to provide us with information on both cruises. Some topics covered will be preregistration, bus schedules, luggage tags, dining, etc. This will be her only meeting for both cruises, so please mark your calendar and we'll see you there. If you have questions please call me, Andy Chernow, at 989-482-3207, or stop by 554 Peace Lake Ct.

FREE DANCE

SATURDAY JANUARY 26TH

7:00 PM TILL 10:00 PM

Notice to all residents of our park, we are offering FREE ADMISSION for the DANCE to be held on Saturday, January 26th. We have our own Disc Jockey, Ed Allensworth, who will play "oldie but goodie" songs from numerous years. Guests are welcome. Bring your own beverage and snack. You can dance or come to listen to the music. There will be a 50/50 collection and a basket of merchandise that will be raffled off.



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AARP SAFE DRIVING CLASS FEBREUARY 15, 2013

Forest Park will host an AARP Safe Driving Class on Friday, February 15th from 9:00 a.m. to 3:30 p.m. in the clubhouse. After completing this six (6) hour classroom course, you may be able to get a 5% or more reduction on your car insurance. If you have out-of-state insurance, you might want to check with your insurance company to make sure they will honor the 6-hour Florida course. If two people are listed on the insurance policy, both must take the course.

AARP Driver Safety is the first and most recognized comprehensive course offered nationwide that is designed especially for older drivers. The course provides research-based information to help older drivers update their driving knowledge and self-assess their driving skills. The cost of the course is \$12.00 for AARP members and \$14.00 for non-members. This covers the cost of the class materials. Joan King, a Forest Park resident who has taught the course for four (4) years, will be the instructor. Please register by calling Joan at 239 567-0606. You may pay by cash or check the day of the class.

50TH ANNIVERSARY DINNER FEBRUARY 21, 2013

Each year Forest Park honors those couples that are celebrating their 50th Wedding Anniversary. If this is applicable to you, be sure to register your name on the sign-up sheet in clubhouse on the bulletin board. The Dinner will be held February 21, 2013.



LIGHT UP TIME...2012! *By: Joyce Hines*

First of all, thanks are long overdue to Jim Barnett and the Canadian Club with help from the Michigan Club for decorating our park grounds during the past years. They faithfully battled the lights, the stores, and the weather far longer than most would have and the results were great. They did so because they wanted to contribute to our park at a time of year when we all need and want the holiday spirit. For that we thank all those Michigan/Canadian

Club members who faithfully participated those many years!

Now, if you have ever worked with Christmas lights, then you know that it is a constant challenge! On Tuesday, December 4th Peggy and Dean Hull and Carol Goans joined me to check the many strings of lights, trees, and deer that we hoped to use. We trashed those that were not in working order and when we closed the shed door over three hours later, those that were working were set aside to use on Friday. Well, true to form, some of them ended up not being lit when Dean Hull got everything wired on Sunday. Some problems are with the permanent fixtures that, over the years, have become damaged due to the weather. We have tried our best to work around those problems. The other factor is that, even at this early date, the stores are cleared out of matching light strings, flood light fixtures, etc. We have driven from store to store several times looking for needed items and returning items which we saw for a cheaper price in hopes of saving the park money.

This year special thanks goes out to the Craft Club who notified me that they wished to purchase a wreath for the front entrance of the park. Well, their contribution turned into two wreaths plus garlands and they look spectacular! Madaline Preston and Shirley Van Zile shopped for the decorations; then Madaline and her husband Ray (who swears he is not a Craft Club member), Carol Goans, and Dean Hull did the actual work. The results are fantastic. Once again, however, there were problems with the timer system for the lighting. Dean has worked on that more than once. By Sunday evening, however, all was lit! Thank you, Craft Club, for your generosity!

Accolades to Butch and Dan, our wonderful maintenance men, who helped put lights up on our clubhouse roof and who designed and built our easel for the giant wreath. We discussed a design for the easel on the 4th and by the next morning it was built and ready to spray paint! Please thank them when you see them!

Friday morning, workers gathered on the Clubhouse grounds to begin the task of putting up the chosen lights and decorations. Our energetic crew consisted of: Peg Hull, Carol Goans, Charlene and Jim Wash, Phyllis Kliskey, Pat Schuren, Reggie Harvey, Russ Lyons, Ray Hosey, Bernie Waltz, and Scott Hines. We would have no decorations without them! Hopefully I have not forgotten anyone! By the time we started the sun was high in the sky and beating down! But that didn't stop this crew...no

way! We worked until 1:30 pm and managed to get most of the lights and decorations in place and "bolted down" in case of high winds.

Dean Hull, who had other obligations on Friday and Saturday, gave up his Sunday to wire everything! Without him, all our work would be for naught! Many thanks, Dean, for your time and your electrical know-how! Peg Hull, Dean's very significant "other half", has been my faithful side-kick throughout...she helped shop, decorate, sort, and advise! Peg, you are greatly appreciated!

As the season passes, we will try to repair as lights fail. Our goal is to show those who reside and those who visit our park this month, that we truly have the Christmas spirit!

CRAFT CLUB

By: Wanda Dickerson, President

Can't believe that 2012 is gone and we are welcoming in 2013 and another year of Hot Dog dinners for the Craft Club. We know everyone is tired of turkey and ham by this time so please come and join us on January 22nd

for our first Hot Dog dinner of the season which will be Spaghetti and Meatballs, along with salad, bread, drink and dessert for \$6.00. Dinner will be served from 4:00 to 5:30 PM. We hope that everyone will come out and support us. The money we earn is given back to our park and other organizations. This Christmas the Craft Club sent \$100.00 each to six different charities, including the Senior Services of Forest Park and paid for the two wreaths and garland at the entrance to our park. I would like to thank Madaline Preston and Shirley Van Zile for spending time shopping for these and thank Ray and Madaline Preston, Dean and Peg Hull and Carol Goans for putting them up. I think it looked very nice and we had a lot of compliments on it. The ladies of the club also bought gifts for women and children. These gifts were taken to the Abuse Treatment and Counseling Center for their Christmas Party.

For our Christmas Luncheon, in December, we went to Morgan House in downtown Ft. Myers. If you have not been to downtown Ft. Myers in a while I would encourage people to go. It has a lot of nice places to eat, small shops (one of our own has one there), and a free trolley. Some stayed and walked around and it was a very nice day.

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We will be taking down the inside decorations on January 2nd, so if you are bored please come out and join us, we always welcome the help.

We will have more information about our next Hot Dog dinner, February 5th, in the February Newsletter. We look forward to you joining us then also.

FOREST PARK BOOK GROUP

By: Joan King



The January meeting will be held on Friday, January 25th at 1:00 p.m. in the Activities Building. The book for January has not yet been chosen. The group is always open to suggestions. We welcome new members and would love to have you join us even if you have not read the current book. Call Joan King for more information. 567-0606

BINGO

By: Anne Domingos

Please joins us on Tuesdays at 6:45pm for 7:00pm Bingo in the clubhouse each week. Cards are \$.50 with a minimum purchase of four cards. Night Owl cards are \$.25.

BID EUCHRE

By: Madaline Preston

We have Bid Euchre every Wednesday & Saturday at 6:30pm in the Clubhouse unless there is another activity going on in there. We then play in the Activity Building. We have several new players and would like to have many more join in on the fun.

BUNCO

By: Larry Tsicountouridis

Please watch future newsletters for start date and times.

BOCCE

By: Olga Mei

Come join the fun each Monday and Thursday at 2:30pm at the Bocce Court. All are welcome. Don't be shy. It is lots of fun and no experience needed. We are not pros.... Hope to see you there.

KARAOKE



The third Monday of each month at 6:00 pm the clubhouse comes alive with the sound of music. Join in or just listen. Both actions are welcome. The next Karaoke will be January 21st.

PUTT PUTT GOLF

By: Jim Barnett

Volunteers for a committee are needed to discuss the possibility of installing a new Putt Putt Golf Course in Forest Park. Please contact Jim (731-1845) if you would like to be a part of the committee.

PINE TREE KNOTS QUILT CLUB

By: Gail Ford

Our club made and donated over 400 little Christmas tree ornaments to be given to the Meals on Wheels program and our own Forest Park shut-in residents.

We held our Christmas potluck luncheon early so we could surprise Mary Ann Barley with a fair-well party. She will be missed. She is moving "back home" permanently.

Our Secret Pal Reveal luncheon will be held on January 12th.

Quilt club dues are due this month. Members are asked to bring to meetings ideas as to what we would like to learn this season.

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SHUFFLE LEAGUE

By: Ray Preston, Captain

CORRECTIONS SCHEDULE OF EVENTS FOR 2013

Jan 5th	9:00 am	Meeting in the Activities Building
Jan 12th	11:00 am	Hot Dog Shuffle
Jan 26th	12:30 pm	Ice cream shuffle
Feb 2nd	9:00 am	Meeting in the Activities Building
Feb 14th	8:00 – 10:00 am	Valentine Breakfast in the Clubhouse
Feb 23rd	All day	Fun Day
Mar 1st	9:00 am	Koffee Klatch hosted by Shuffle
Mar 2nd	9:00 am	Meeting in the Activities Building
Mar 23rd		King/Queen Shuffle

We hosted our first "Ice Cream Shuffle" with 20 attending and we all had fun. We are hoping that our next one on January 26th will bring more out.

We will have our next meeting Jan. 5th at 9am in the Act. Bldg.

On January 7th we will have our MAKE UP GAME with "LAZY DAYS". This game was to have been played on December 26th.

January 12th we will have a "HOT DOG SHUFFLE" at 11:00 am. The food will consist of Hot Dog/chips and a drink. The cost will be \$2.50. EVERYONE IS WELCOME. It will be held on the landing of the Activity Building.

Jan. 26th we will have our 2nd "Ice Cream Shuffle" at 12:30PM. A sign up sheet will be posted at the courts for signing up. The cost is \$1.00. We play two games, stop and have refreshments and then play another game. The winning color gets a small reward.

EVERYONE IS WELCOME - so come join in the FUN.

JANUARY LEAGUE SCHEDULE

Jan. 2nd	AT HOME	with "POINTSETTIA PARK"
Jan. 7th	MAKE UP GAME	AT "LAZY DAYS"
Jan. 9th	AWAY	AT "LAUREL ESTATES"
Jan. 16th		"BYE"
Jan. 23rd	AWAY	AT "CYPRESS WOODS"
Jan. 30th	AT HOME	WITH "CARRIAGE VILLAGE"



ART CLASSES

By: Jack Watson

Art Class will start on Monday, January 7, 2013 @ 9:00 am in the Activities Bldg. Cost is still \$10.00 per class payable upfront. Supplies will be available for first timers. Class will meet every Monday from 9am to 12 noon through the end of March. Any questions call Betty Leis @ 239-997-1880



RED HAT BOUTIQUE FRIDAY, JANUARY 11

By: Delores Holmes

Ladies, did you select your extra Red Hat paraphernalia??? Bring your Extra Red Hat things to the clubhouse at 11:00 am on Friday, January 11th. You may sell your things or you may put them on our FREE table. Refreshments will be served

RED HAT LADIES MARCH OUTING

By: Carol Geppert & Marilyn Nufryk

On March 6, 2013 the Red Hat Ladies will be going to the Broadway Palm Theater to see "The Sound of Music" and also to enjoy their great buffet.. You may pay cash or write a check payable to the Broadway Palm Theater. The cost will be \$43.00 per person total. The money needs to be paid by February 13th to either Marilyn Nufryk 543-5073 or Carol Geppert 731-3132.

The sign up sheet will be on the back shelf in the rear of the clubhouse. You must be a member of the Red Hat Ladies. It is a great show and you will not want to miss it.

COMPUTER CLUB

By: Sherrill Wright

Recycle: Don't throw away your used ink cartridges! I can take them to Office Max and get a credit for them, which is then donated back to the Computer Club. There is a collection container on the Activity room counter.



The Computer Club is a group of friendly people who meet every Thursday, 2 - 4 PM to help each other with computer issues. If you have a problem related to computers, or a skill you think might benefit others, **YOU ARE WHO WE NEED IN OUR CLUB!** Please come and join the group. Membership costs \$10/household per winter season. We take a break and have coffee and cookies around 3 PM to socialize. Most members use Windows, but some use Macs or Linux and most software programs are compatible with each system. Each week, we usually have a person show something they are experienced in, or we focus on a particular problem. Usually, the club can fix the problem. If not, we can define the situation to assist if professional help is needed. If you have a particular interest, a new piece of equipment like an I-Pad

or similar tablet or I-Phone that you would like to show and demonstrate, please join us. This also includes your friends and family who might be visiting. Also, if you have a particular need, or problem that you would like help with, come along and join us, but let us know in advance so we can schedule it on that week's meeting.

WARNING!

We know of three recent instances where residents have been contacted by phone and advised that their computer needed technical service. The caller often implies that they are a Microsoft certified technician and want to help fix your computer, but will need your permission to gain remote access. **DO NOT LET THEM!** The whole thing is a scam and a fraud. If you have allowed anyone access like this, we suggest you contact the Computer Club for advice. Contact Sherrill or John Wright @ 239.731.7524, email fpclub@yahoo.com

CANADIAN/MICHIGAN CLUB

By: Jim Barnett

Our January meeting will be a Wine and Cheese gathering on January 20th at 2:00 – 4:00 pm. Cost will be \$4.00 per person. There will be a sign up sheet in the clubhouse. All are welcome. In the past this meeting was well attended by both clubs so come and greet the many members from both clubs.

CHORALEERS WANTED!

By: Joyce Hinds

LET THE SONGS BEGIN!

The Forest Park Choraleers will begin practicing for the Anniversary Dinner and for our Spring Show the second week in January! Please note this date on your calendar:

TUESDAY, JANUARY 8TH AT 1:00 P.M.

Please join us at the Forest Park Clubhouse. Many people have already signed up to be a part of our chorus, but we can always use more voices so if you are interested, all you have to do is to come to the Clubhouse on the 8th and join the group! At that time, we will decide if this day and time are suitable for the majority. Our options are limited due to the availability of the Clubhouse. Our director, Marilynn Parkinson, will have the music ready for us to begin! Looking forward to a great turnout!

Any questions? Call: Joyce Hines 724-689-5175

F.P.P.O.A. BOARD NEWS

PRESIDENT'S MESSAGE

By: Bob Dickerson, President FPPOA

I hope you all had a nice and Merry Christmas and I wish for us all a very peaceful, healthy, and Happy New Year. As I write this on December 13th (last day for submissions for our new newsletter) the shopping and family parties are still in front of me. The holidays are always hectic but I enjoy the shopping (Wanda would say I am lying), the music, and all the hustle and bustle, and seeing friends and family at the parties and seeing how much the great grandkids have grown. But it is always a relief when it is over. Then it is time to get back to business.

I would first like to say something about the safety and security in Forest Park. It sometimes seems like we are spreading doom and gloom and scaring people, in my opinion, without reason. Yes, we have had a rash of break-ins to vacant homes and that was scary but with the aide of our security cameras the culprit is in custody with his trial coming up January 4th. According to the detective, they have enough evidence to put him away for a long time. It just makes good sense to lock up golf carts and bikes and to keep the shed closed and locked at night, and it goes without saying that we should never open our doors to strangers. But having said that which is just common sense, I certainly do not want to give the impression that we live in a crime infested community where only our signs, cameras and constant vigilance keeps the criminals at bay. If that were the reputation we have, why would anyone want to buy in or stay here. All of our precautions are helpful and I believe necessary but we are not nor have we ever been crime infested. An occasional bike is taken and once in a very great while a cart may be taken but except for the last month, we have been as safe or safer than any park in North Fort Myers and beyond. Thanks to all of the volunteers for NHW, patrol and the camera monitors, their efforts are very helpful. But let's not scare our residents or perspective residents of Forest Park with the specter of crime. To my knowledge, no one in Forest Park has ever been injured by a thief and with reasonable precaution we will keep it that way. Let's spread the word. "Forest Park is a good and safe place to live!"

We are currently finalizing letters that by the time you read this should have already been in the mail. The first is to the Real Estate agencies that sell homes in Forest Park. It asks that the agents be strongly advised that there should be no reference to therapeutic animals in Forest Park and that they advise perspective buyers of our rules

and regulations including our pet and no pet sections. It is, in my opinion, unethical for an agent to suggest ways to circumvent our rules. A slightly different letter will be sent to those in the park who are attempting to sell their homes themselves, with the same request and also emphasizing the requirement that they advise prospects of our "55 and older" status and provide them with the FPPOA Documents and Rules which is in fact the law.

The second letter is to our U.S. Senators and Representative, requesting that they use their influence to get the therapy pet language tightened up. It may be an exercise in futility but the only thing I know that we can do. I advised our membership to write so I am practicing what I preached.

LEGAL STUFF

As I was writing the previous article, it occurred to me that many of you may not know what a "55 and older" community is or where the wording came from. So here in layman's terms is my understanding:

The Federal Fair Housing Law prohibits discrimination in housing for race, sex, sexual orientation etc., and age. However, I guess knowing that we older people like peace and quiet and to be free from loud music, roaring engines and all the other "lovable" things which our kids and grandkids have done and continue to do, our wise legislators put in an "option out" provision to the law. It provides that a community may prohibit persons under 55 from living alone in a community IF certain conditions apply. For example, a clubhouse must be provided, swimming pool, shuffleboard (as I recall), and that in 80% or more of the housing units, at least one person in the household must be 55 or older. We are checked periodically by the Feds to make sure we are complying. That is why we ask for a copy of your driver license to have on file. In addition we are allowed by the law, through our Documents, to require more than 80% of homes to comply. Our "Deed of Restrictions" requires all homes to have a resident 55 or older and that no one under 30 may reside in Forest Park, except for short visits by grandkids, for example.

That is my unofficial layman's definition of a 55 and older park, certainly not meant to be "legal" advice but what I believe to be the case (don't want to be cited for practicing law without a license).

RULES ENFORCEMENT

I am always getting suggestions of how we can better enforce our rules by fines, evictions etc. etc. and am asked

why we are not doing this or that to enforce our rules. We are bound by our Deed of Restrictions* (which cannot be changed except by a 100% vote of the shareholders), By-Laws, and Rules. We must have “authority” written into our documents or prescribed in the Florida laws for anything we do. We do not have authority to fine, and of course we cannot evict anyone from the home that they own. We can go to Court to force compliance with our documents if we have to, but let’s be realistic, at \$300 per hour for attorneys plus court costs, it has to be a very serious case before we can afford to spend that kind of money. But, if we need to, we will. Most of us remember a couple of years ago when we spent \$10,000 and more in taking a case to court of underage and unruly people residing in the house. While we did not get a court decision, our perseverance no doubt caused the people to sell and peace has returned to the area.

Without the voluntary compliance of 98% or more of people and the desire of those to be good citizens and neighbors, we would go broke trying to maintain order. I know that most if not all of the people in Forest Park want to get along and be good neighbors and will go out of their way to comply with our regulations. But occasionally we get someone who is hard headed and wants things to be just their way and has no respect for the rules. In a community such as ours, we live by the law of our documents and our desire to be good neighbors. We must remember, when we buy into a “deed restricted community” such as Forest Park, we give up some rights to do as we please. Some regulations of our behavior (such as mandatory increases in maintenance fees tied to the Consumer Price Index) are pretty much etched in stone, and other rules and regulations are determined by majority vote of the members. The By-Laws, for example, may be changed by a vote of the membership and rules pertaining to the “common areas”. The bottom line is, we enforce our rules and regulations as best we can and with some common sense applied where there is the ability to do so. We have the Administrative Rules and Appeals Committee that is available to anyone who feels wronged or inhibited by our rules and regulations or wishes an exception based on extenuating circumstances. That committee meets as needed and is made up at this time of four Board Members and myself as Chair. We are determined to treat all members and residents fairly while insuring that our rules and regulations are not trampled on. I hope that you will understand and work with us and try to understand the legal constraints and “fiduciary responsibility” under which we are bound.

Hopefully you will all come to the monthly membership meetings and you are invited to attend the Board Meetings

if you don’t mind sitting around for three hours listening to the problems and decisions that go into self-managing the Park. It can be boring stuff but it is through the dedication of people willing to take it on that we enjoy the secure financial situation that we presently enjoy. If you miss a meeting you can see and hear it at Forestparkonline.com.

*The official name is “Declaration of Conditions, Covenants, Charges, Restrictions and Reservations Affecting Property Located in Forest Park” (see why we just say “deed”)

OBEY STOP SIGNS AND SPEED LIMIT

We have received numerous complaints and I have personally observed violations of our stop signs and speed limit. Until retracted by a vote of the membership, these are park rules and must be obeyed. I sure would hate to start citing people and putting names in the newsletter of violators. But if we must we will for the safety of all.

Please slow down and come to complete stops at the stop signs, they are too big to miss. We are just talking about a few seconds extra time and for all of us who are accustomed to the LOOOOONG traffic lights down here, that little extra time will not make any difference.

**BOARD OF DIRECTOR’S MTG
JANUARY 17, 2012
9:00 AM**

**GENERAL MEMBERSHIP MTG
JANUARY 24, 2012
7:00 PM**

Published by:



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NOTICE OF ANNUAL BOARD OF DIRECTOR'S ELECTION

The annual election of Forest Park officers and directors will be held on Thursday, January 10, 2013 from 12:00 noon – 2:00 pm in the Activities Building. An application form is available in the Forest Park Office if you would like to run for office.

There are two Director positions to be filled at the January 2013 Election. The term of office is for 3 years.

Nominations opened on November 15, 2012 and will close December 26, 2012 for the name to be printed on the ballot.

The Nominating Committee consists of Bob Howe, Chairperson, LoRita Hettich, Betty Hult, Monica Small & Kay Westall.

PROPOSED FEES FOR 2013

By: John Wright, Treasurer FPPOA

The CPI-U for the 12 months ending at the third quarter 2012 was 2.0%. Multiplying this by 1.5 and adding to the 2012 fees, the proposed fees for 2013 are listed below and will be voted on by the membership at the December General Membership Meeting on the 20th.

	Monthly Fee	Discounted Annual Fee*
Member with residence on single lot	\$70	\$815
Member with residence on a double lot	\$120	\$1396
Member with residence on a triple lot	\$170	\$1979
Non-member with residence on a single lot	\$106	\$1234
Non-member with residence on a double lot	\$180	\$2096

* To receive discount, annual fee must be paid by January 25, 2013

MEET THE CANDIDATES NIGHT WEDNESDAY, JANUARY 9TH 7:00 PM

We have a few people interested in acquiring an office in our Forest Park Management Board. Join us in the clubhouse. The candidates will talk about their skills and abilities to seek an office. Come - hear what the candidates have to say!

No Social Club meeting on Thursday, January 10th, instead Social Club is hosting the Meet the Candidates' Night

FAREWELL DEAR FRIENDS

The following dear friends have passed away and their names were not noted in previous newsletters. They will be greatly missed.

Paul Fran
Sallie Norton

If you know of others, please send me an email at fpnews2013@gmail.com or call the Forest Park office so we can list their names in the next newsletter.

RESOURCE BOOK

In the clubhouse there is a Resource Book which has been put together by members of Forest Park. These are referrals or warnings of how outside vendors have performed in the Park. Before you hire someone, please check the book to see if someone in the park has used that particular company or person. If you would like to add a name or business you may do so.

EXERCISE PROGRAM RECOMMENDED FOR "KIDS" OF ANY AGE!



Please join us on Tuesday and Saturday mornings at 9:00 am in the clubhouse for a fun, easy exercise program.

Bring a small hand weight or even a can of soup to use to build muscle. Also bring a small pillow.

EASY WATER EXERCISE

Most of the water exercises are the same as the Tuesday & Saturday exercises, except they are done in the pool. This means less stress on joints plus we get those healthy rays of sunshine at the same time. We have a great time exercising and catching up on the latest in Forest Park. Please come join us from 10:30 am to 11:30 am Monday-Friday at the pool. The pool is limited to 18 persons in the pool at any one time so come early to insure your spot. Exercises are also subject to weather cooperating.



HEALTH & WELFARE

By: Mary Gibson

The next free blood pressure check program will be on Tuesday, January 15th and will continue on the 3rd Tuesday of each month in the clubhouse from 9:00 am - 11:00 am. **There will be no exercise class on that day.**

NEWSLETTER VIA EMAIL

By: Judy Watson

This newsletter is available in a new full color digital format. It was hand delivered to you in black and white (with front and back pages in color) because we cannot assume that you would want it sent via email. However, if you would prefer to see your copy sent to you via email and in full wonderful color (and help to save a tree), just send me an email at fpnews2013@gmail.com and I will send you one and put you on the email list for future newsletters instead of a hard copy.

GREEN TREE STICKER

There is a little green tree sticker available in the office that goes on the back window of your car. All residents with automobiles should have this highly visible authorization to be in the Park. This will help the safety patrol on their nightly rounds. If you are a temporary resident and don't want any stickers on your window, then scotch tape it there while you are here.

NEIGHBORHOOD WATCH/PATROL (NWP)

By: Lou Smith

The Neighborhood Watch meeting will be Wednesday, January 9th at 10:00 am in the Activities Building. Please keep vigilant; one of the burglars in Forest Park has been arrested, but there are more out there!! More volunteers are needed for nightly patrol. If you wish to help, please contact Dan and Sandy O'Brien. Hope to see more new faces at the next meeting.

ALUMINUM CAN RE-CYCLE

By: Mary Beth Schleter

Please remember to put your washed out and dried out aluminum cans in a bag and place UNDER YOUR MAILBOX Monday evening for early Tuesday morning pick up. Make sure cans are rinsed and clean and DRY. Please place away from trash cans/bags. DO NOT place plastic, glass or metal cans in the bag. Those go in the blue tote bins. Money collected for can recycle helps pay some of the costs of Social Club activities. So, it benefits all residents of Forest Park.



BLUE BARREL RE-CYCLE

The blue barrel is used for all *other types* of re-cycling such as paper, metal, plastic, etc. This is a separate program from our regular trash that is picked up on Tuesdays and Fridays. The re-cycle truck comes on Wednesdays.

FOREST PARK CALENDAR

Gail Ford has agreed to handle the updates to the calendar. View the calendar anytime and see the most current information at the website www.forestparkonline.com. This also allows you to view it in various formats i.e. weekly, monthly, etc. Please contact Gail for calendar changes. gailford39@gmail.com or 731-2028.

THANK YOU

I would like to express my heartfelt thanks to my neighbors and friends, Bo & Betty McClain and Jodi Dambrosio for all your help and love in taking care of me during these past weeks. If it weren't for friends like you, my recuperation and daily living would not have been possible. I am eternally grateful for everything you have done. Debbie Karlsen

LOOKED UNDER YOUR MOBILE HOME LATELY?

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OHIO CLUB
By: Anna Thatcher

The Ohio Club January meeting is scheduled on January 7th at 5:30 p.m. We hope to see all of you join us for the evening. This is our first meeting of the season. We are looking for members to step up and become offices of The Ohio Club this year. Please give it a thought and jump in.

Thanks to all who donated toys for Suncoast Christmas Party for the children. Donations were definitely down this year but we are thankful for those who did donate and are sure you will be blessed. Yes, we agree, our economy is not what we would like for it to be but children, our older generation and the hungry should never suffer. We are far too blessed of a country for that.

The Ohio Club will be hosting the New Years's Eve dance and would like to have some volunteers to help with that event. If you are interested please contact me at 740-296-4448.

We wish everyone a New and Happy New Year!!

NORTHEAST CLUB
By: Nancy Cooper

PIRATES OF THE CALOOSAHATCHEE
MONDAY, JANUARY 28, 2013

All you scallywags, grab your matey and join us for an evening of food and fun! The Clubhouse will come alive to the sights and sounds of the high seas. Potluck dinner will be served at 5:30 pm. Bring a dish to share:

Last name begins with:

A - - F..... DESSERT

G - - K..... SALAD

L - - Z..... CASSEROLE

Costumes are optional. Remember to bring your place setting. As always, anyone can join the NE Club. Annual dues are \$2 per person, per year. (Please see Alan King)

REMINDER: Please notify Nancy Cooper if you have leftovers from your parties and or dinners. Nancy will pick them up and see that abundance is shared with those who may not be able to come out to dinners or just need a little cheering up.

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8 WAYS TO FIND MORE HAPPINESS IN 2013

By: Elissa Rodrigues, Community Media Staff Writer

Thank goodness the holiday stress is over - as fun as it was - and now we can settle comfortably and happily into a new year. Are you the type of person who gets stressed during holidays or are you the person humming holiday music for months and excited for the next family gathering? Believe it or not, studies have been shown that your level of happiness depends less on your circumstances and more on your outlook - and more importantly you have the power to change your outlook and be more happy.

Dr. Sonja Lyubomirsky, a social psychologist at the University of California and author of "The How of Happiness" has studied several of the factors that determine happiness. She and her colleagues found what she calls the "set point" of happiness, which she explains as similar to a set point for weight - the size you usually return to despite losing or gaining. The same can be said for happiness levels - despite life's highs and lows, it's the level of happiness that you return to once an event or situation has passed. Dr. Lyubomirsky determined that "The set point determines just 50% of happiness, while a mere 10% can be attributed to differences in people's life circumstances - that is, whether they are rich or poor, healthy or unhealthy, married or divorced, etc. This leaves a surprising 40% of our capacity for happiness within our power to change."

So, this brings us to the question, what are some factors that can influence happiness? Dr. Timothy Sharp, founder of The Happiness Institute (www.thehappinessinstitute.com), and author of "The Happiness Handbook" has outlined 20 tips to shift your thinking and start being happier today. Here are 8 of his 20 tips:

1. **Make happiness a priority.** If happiness isn't at the top of your list, then other things will take precedence. If other things take precedence, they may interfere with your efforts to feel good.
2. **Play and have fun.** Don't take life too seriously. Although we all have responsibilities there's no reason we can't approach much of our lives in a playful manner - those who do will be happier.
3. **Do things that make you happy.** Although this sounds obvious, many people simply forget to do things from which they gain pleasure. And do them as often as possible.

4. **Be grateful and appreciate what you have.** We all have many choices in life, one of which is whether to focus on all the many things we don't have (of which there might be many), or to focus on all things we DO have. Gratitude and appreciation will significantly increase your chances of experiencing happiness.
5. **Invest time and energy into your key relationships.** Happy people spend more time working on their relationships. Happy people also tend to be more supportive of other people in their life, and are more generous and altruistic.
6. **Be curious.** Constantly search for new ways to be happy. Look out for new ways to approach life and have fun.
7. **Make plans to be happy.** Those who fail to plan, plan to fail. Just like in any other life domain, the successful pursuit of happiness requires planning.
8. **Set happy goals.** Following on tip # 9, planning requires effective goal setting. And don't forget to make sure our goals are SMART (specific, measurable, achievable, relevant and timed.)

For the full 20 tips, please visit this shortened URL link for Dr. Sharp's "20 Simple Tips to be Happy Now" eBook: <http://goo.gl/tsPc3>. Have a wonderful and happy New Year!

BROCCOLI CRANBERRY SALAD RECIPE

Shared by: Keith Goudy

- 5 cups broccoli florets, chopped
- ½ cup onion, chopped
- ½ cup shredded cheese (optional)
- 1 cup turkey bacon, cooked and crumbled
- ½ cup or more slivered almonds
- 1 cup raw sunflower seeds
- 1 cup dried cranberries

Dressing:

- ¾ cup Vegenaise or regular Mayonnaise
- 2 tablespoons Stevia or Xylitol (sweetener) to taste
- 2 tablespoons red wine vinegar
- ¼ teaspoon pepper

Combine all salad ingredients in a large mixing bowl. Combine dressing ingredients in a small mixing bowl. Whisk until thoroughly combined. Add dressing to salad and mix thoroughly. Refrigerate for 1 hour.



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January 2013 - FOREST PARK

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 6:30pm Pinochle	31 New Year's Eve 9:00am Mex. Dominoes 10:00am Mixed Shuffle 12:30pm Duplicate Bridge 2:30pm Bocce 9:00pm Dance	1 New Year's Day HAPPY NEW YEAR	2 9:00am Craft Club 10:30am Water Exercise 12:30pm Shuffle League 6:30pm Canadian Euchre 6:30pm Bid Euchre	3 9:00am Quilt Club 10:30am Water Exercise 1:00pm Bingo 2:00pm Computer Club 2:30pm Bocce	4 9:00am Koffee Klatsch 10:00am Mixed Shuffle 10:00am Line Dance 10:30am Water Exercise 6:30pm Bridge 6:30pm Poker	5 9:00am Shuffle Club 9:00am Exercise Class 10:00am Mixed Shuffle 1:00pm Bingo 6:30pm Bid Euchre 7:00pm Bunco
6 1:00pm Tickets for dinner show 2:00pm Cribbage 6:30pm Pinochle	7 9:00am Mex. Dominoes 9:00am Art Class 10:00am Mixed Shuffle 10:30am Water Exercise 12:30pm Duplicate Bridge 2:30pm Bocce 6:00pm Ohio Club 6:30pm SKIP-BO 7:00pm Shuffle Fun	8 9:00am Exercise Class 10:00am Ladies Shuffle 10:30am Water Exercise 10:30am Cruise Info Meeting 1:00pm Chorus Rehearsal 6:45pm Bingo	9 9:00am Craft Club 10:00am Neighborhood Watch 10:30am Water Exercise 12:30pm Shuffle League 6:30pm Canadian Euchre 6:30pm Bid Euchre 7:00pm Meet Candidates	10 9:00am Quilt Club 10:30am Water Exercise 12:00pm FPPOA Voting 1:00pm Bingo 2:00pm Computer Club 2:30pm Bocce	11 10:00am Mixed Shuffle 10:30am Water Exercise 11:00am Red Hat Botique 6:30pm Bridge 6:30pm Poker	12 9:00am Exercise Class 10:00am Mixed Shuffle 11:00am Hot Dog Shuffle 1:00pm Bingo 6:30pm Bid Euchre
13 1:00pm Tickets for dinner show 2:00pm Cribbage 6:30pm Pinochle	14 9:00am Mex. Dominoes 9:00am Art Class 10:00am Mixed Shuffle 10:30am Water Exercise 12:30pm Duplicate Bridge 2:30pm Bocce 6:30pm SKIP-BO 7:00pm Shuffle Fun	15 9:00am Blood Pressure Clinic 10:00am Ladies Shuffle 10:30am Water Exercise 6:45pm Bingo	16 9:00am Craft Club 10:30am Water Exercise 12:30pm Shuffle League 6:30pm Canadian Euchre 6:30pm Bid Euchre	17 9:00am FPPOA Board 9:00am Quilt Club 10:30am Water Exercise 1:00pm Bingo 2:00pm Computer Club 2:30pm Bocce	18 10:00am Mixed Shuffle 10:30am Water Exercise 6:30pm Bridge 6:30pm Poker	19 9:00am Exercise Class 10:00am Mixed Shuffle 1:00pm Bingo 5:30pm Dinner and Show 6:30pm Bid Euchre
20 2:00pm Cribbage 2:00pm Canadian-Michigan 6:30pm Pinochle	21 Martin Luther King 9:00am Mex. Dominoes 9:00am Art Class 10:00am Mixed Shuffle 10:30am Water Exercise 12:30pm Duplicate Bridge 2:30pm Bocce 6:00pm Karoke 6:30pm SKIP-BO 7:00pm Shuffle Fun	22 9:00am Exercise Class 10:00am Ladies Shuffle 10:30am Water Exercise 4:00pm Hot Dog Dinner 6:45pm Bingo	23 9:00am Craft Club 10:30am Water Exercise 12:30pm Shuffle League 6:30pm Canadian Euchre 6:30pm Bid Euchre	24 7:30am Hollywood Casino trip 9:00am Quilt Club 10:30am Water Exercise 1:00pm Bingo 2:00pm Computer Club 2:30pm Bocce 7:00pm FPPOA Meeting	25 10:00am Mixed Shuffle 10:30am Water Exercise 1:00pm Book Club 6:30pm Bridge 6:30pm Poker	26 9:00am Exercise Class 10:00am Mixed Shuffle 12:30pm Ice Cream Shuffle 1:00pm Bingo 6:30pm Bid Euchre 7:00pm Dance
27 2:00pm Cribbage 6:30pm Pinochle	28 9:00am Mex. Dominoes 9:00am Art Class 10:00am Mixed Shuffle 10:30am Water Exercise 12:30pm Duplicate Bridge 2:30pm Bocce 5:30pm Northeast Club 6:30pm SKIP-BO 7:00pm Shuffle Fun	29 9:00am Exercise Class 10:00am Ladies Shuffle 10:30am Water Exercise 6:45pm Bingo	30 9:00am Craft Club 10:30am Water Exercise 12:30pm Shuffle League 6:30pm Canadian Euchre 6:30pm Bid Euchre	31 9:00am Quilt Club 10:30am Water Exercise 1:00pm Bingo 2:00pm Computer Club 2:30pm Bocce	1 9:00am Koffee Klatsch 10:00am Mixed Shuffle 10:00am Line Dance 10:30am Water Exercise 6:30pm Bridge 6:30pm Poker	2 9:00am Shuffle Club 9:00am Exercise Class 10:00am Mixed Shuffle 1:00pm Bingo 6:30pm Bid Euchre 7:00pm Bunco